

## Supplement Facts

Serving Size: 1 Stick Pack (about 2.6 g)  
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%†
Calcium (as calcium carbonate, calcium oxide, and calcium chloride anhydrous)	75 mg	6%
Betaine Anhydrous (trimethylglycine)	600 mg	**
S-adenosyl-L-methionine (as s-adenosyl-L-methionine 1,4-butandisulfonate)	400 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

**Other Ingredients:** Xylitol, citric acid, malic acid, stearic acid, silica, natural lemon flavor, and turmeric extract (for color).

XYMOGEN®  
Exclusive Professional Formulas  
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REV. 021423



This package is completely recyclable ♻️

## SAM-e & TMG

**DIRECTIONS:** Consume the contents of one stick pack daily away from meals, or as directed by your healthcare professional. Preferably pour a small amount of the contents of a stick pack directly into the mouth and allow contents to dissolve. Then repeat process until contents of the entire stick pack have dissolved in the mouth. Alternatively, contents may be added to 2-4 oz of water or preferred liquid; stir and drink within 15 minutes.

Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional. Use special caution in individuals with bipolar disorder. Do not use if stick pack is damaged.

**SAM-e & TMG** is a sweet, yet slightly tart lemon-flavored powder. SAM-e (S-adenosyl-L-methionine) and TMG (trimethylglycine) are naturally occurring substances that act as methyl donors during vital biochemical processes in the body. Methylation is essential to normal cell health and function. It can decline with age or chronic alcohol consumption, and it can be limited in some individuals due to their genetic makeup.\*

SAM-e donates methyl groups, which are needed for the synthesis of neurotransmitters, proteins, nucleic acids, and phospholipids. It supports glutathione production, liver health, joint comfort, and a healthy mood. TMG is an especially important methyl donor involved in the metabolism of homocysteine and the formation of SAM-e. TMG ultimately supports cardiovascular and neurological health, as well as normal cell-life regulation.\*

XYMOGEN's SAM-e & TMG formulation contains a minimum of 70% of the SS isomer of SAM-e, the active form the body can use most readily. This concentration makes SAM-e & TMG cost effective as most SAM-e formulations on the market contain less than 44% active SS isomer.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**FORMULATED TO EXCLUDE:** Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, and artificial sweeteners.



#CleanSeas

## SAM-e & TMG

*Methyl Donors*

ePV:

**NATURAL LEMON FLAVOR**

**Dietary Supplement**

**30 - 0.09 oz (2.6 g) Stick Packs**  
**NET WT 2.75 oz (78 g)**

Scan this code to learn more!



XYMOGEN is committed to reducing the amount of plastics used throughout our business, particularly in the packaging of our products. With our participation in the United Nations Environment Programme Clean Seas initiative, we strive to positively decrease our environmental footprint, providing results that can ultimately:

- » Help free the ocean of litter, making it safer for millions of marine animals.
- » Reduce the use of non-renewable resources.
- » Keep wild-caught seafood healthy and safe to eat.
- » Protect maritime economies such as organic fishing, tourism, and recreation.

EXCLUSIVE PROFESSIONAL FORMULAS