

**This Unit Not Labeled For Individual Sale**



**DIRECTIONS:** Mix the contents of one packet (38 g) in 6-8 oz cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack or meal supplement, or taken as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional.

**STORAGE:** Store in a cool, dry place out of reach of children.

**FORMULATED TO EXCLUDE:** Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, artificial colors, and artificial sweeteners.

† This formula is not a low-calorie dietary supplement. Please see the Supplement Facts panel for more details.



S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under U.S. Patent 7,947,662.



S2. Albion®, DimaCal®, TRAACS®, and the Albion Gold Medallion® are registered trademarks of Albion Laboratories, Inc.

S3. KiOtransine® is a registered trademark of KitoZyme S.A.



S4. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. Patent 5,387,422.



200080466  
© 2023 XYMOGEN  
REV. 020223



# FITFood<sup>®</sup> LEAN COMPLETE

**French Vanilla  
Sugar- & Stevia-Free<sup>†</sup>**

**Dietary Supplement  
NET WT 1.3 oz (38 g)**

ePV:



## Supplement Facts

Serving Size: 1 Packet (about 38 g)  
Servings Per Container: 1

	Amount Per Serving	%DV
Calories	150	
Total Fat	5 g	6%†
Saturated Fat	2.5 g	13%†
Total Carbohydrate	11 g	4%†
Dietary Fiber	7 g	25%†
Protein (from Pea Protein Isolate and Rice Protein Concentrate)	15 g	
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate)	560 mcg	62%†
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate)	125 mg	139%†
Vitamin E (as d-alpha tocopheryl succinate)	33.5 mg	223%†
Thiamin (as thiamine mononitrate)	5 mg	417%†
Riboflavin (as riboflavin 5'-phosphate sodium)	5 mg	385%†
Niacin (as niacinamide and niacin)	16 mg	100%†
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	294%†
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) <sup>‡</sup>	170 mcg DFE	43%†
Vitamin B12 (as methylcobalamin)	125 mcg	5208%†
Biotin	250 mcg	833%†
Pantothenic Acid (as d-calcium pantothenate)	50 mg	1000%†
Choline (as choline dihydrogen citrate)	9 mg	2%†
Calcium (as dicalcium malate <sup>§</sup> and ingredients with naturally occurring calcium)	45 mg	3%†
Iron (naturally occurring)	3 mg	17%†
Iodine (as potassium iodide)	25 mcg	17%†
Magnesium (as di-magnesium malate) <sup>§</sup>	25 mg	6%†
Zinc (as zinc bisglycinate chelate) <sup>§</sup>	3.25 mg	30%†
Selenium (as selenium glycinate complex) <sup>§</sup>	25 mcg	45%†
Manganese (as manganese bisglycinate chelate) <sup>§</sup>	0.125 mg	5%†
Chromium (as chromium nicotinate glycinate chelate) <sup>§</sup>	125 mcg	357%†
Molybdenum (as molybdenum glycinate chelate) <sup>§</sup>	12.5 mcg	28%†
Sodium (naturally occurring)	340 mg	15%†
Potassium (from tripotassium citrate, potassium glycinate complex <sup>§</sup> , and ingredients with naturally occurring potassium)	510 mg	11%†
Chitin-glucan (from <i>Aspergillus niger</i> ) <sup>§</sup>	2.25 g	**
Mixed Tocopherols	18 mg	**
Inositol	9 mg	**
PABA (para-aminobenzoic acid)	3.25 mg	**
Vanadium (as vanadium nicotinate glycinate chelate) <sup>§</sup>	187.5 mcg	**

† Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Value (DV) not established.

**Other Ingredients:** Inulin (from chicory), natural flavors (no MSG), sunflower oil, glycine, medium-chain triglyceride oil, taurine, cellulose gum, xanthan gum, fungal proteases<sup>§</sup>, guar gum, monk fruit extract, and L-glutamine.

XYMOGEN® Exclusive Professional Formulas  
6900 Kingspointe Pkwy, Orlando, FL 32819  
www.xymsgen.com 800-647-6100