



# BrainSustain™

## Vanilla Delight

**Dietary Supplement**  
10-1.7 oz (48 g) Single Serving Packets  
NET WT 16.9 oz (480 g)

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ePV:

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### Supplement Facts

Serving Size: 1 Packet (about 48 g)  
Servings Per Container: 10

	Amount Per Serving	%DV
Calories	180	
Total Fat	5 g	6% <sup>†</sup>
Saturated Fat	1.5 g	8% <sup>†</sup>
Total Carbohydrate	17 g	6% <sup>†</sup>
Dietary Fiber	6 g	21%
Total Sugars	6 g	**
Includes 5g Added Sugars		10%
Protein (from Pea Protein Isolate, Rice Protein Concentrate, and ingredients with naturally occurring protein)	19 g	
Vitamin C (as calcium ascorbate)	400 mg	444%
Vitamin D3 (cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin E (as d-alpha tocopheryl succinate)	134 mg	893%
Riboflavin (as riboflavin 5'-phosphate sodium)	25 mg	1923%
Niacin (as niacinamide)	200 mg	1250%
Vitamin B6 (as pyridoxal 5'-phosphate)	50 mg	2941%
Folate (as ((6S)-5-methyltetrahydrofolic acid, glucosamine salt <sup>†</sup> and as calcium folinate)	1360 mcg DFE	340%
Vitamin B12 (as methylcobalamin)	1000 mcg	41,667%
Calcium (as calcium ascorbate and ingredients with naturally occurring calcium)	60 mg	5%
Iron (naturally occurring)	4 mg	22%
Phosphorus (as dipotassium phosphate)	50 mg	4%
Magnesium (as di-magnesium malate) <sup>S2</sup>	50 mg	12%
Sodium (naturally occurring)	410 mg	18%
Potassium (from ingredients with naturally occurring potassium and dipotassium phosphate)	155 mg	3%
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	800 mg	**
N-Acetyl-L-Cysteine	300 mg	**
Phosphatidylserine <sup>S3</sup>	200 mg	**
Alpha-Lipoic Acid	200 mg	**
Coenzyme Q10 (as ubiquinone)	200 mg	**
DHA (docosahexaenoic acid from algal oil) <sup>S4</sup>	50 mg	**
Mixed Tocotrienols <sup>S5</sup>	50 mg	**
Benfotamine	50 mg	**
Glucoraphanin (from broccoli extract) (Brassica oleracea italica)(seed) <sup>S6</sup>	30 mg	**
Mixed Tocopherols	18 mg	**

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet.  
<sup>\*\*</sup> Daily Value (DV) not established.

**Other Ingredients:** Dried cane syrup, inulin (from chicory), sunflower oil, natural flavors (no MSG), medium-chain triglyceride oil, cellulose gum, xanthan gum, taurine, glycine, fungal proteases<sup>S7</sup>, guar gum, L-glutamine, stevia leaf extract, and silica.



#### Typical Amino Acid Profile Per Serving:

Alanine	930 mg
Arginine	1,870 mg
Aspartic Acid	2,470 mg
Cysteine	220 mg
Glutamic Acid	3,620 mg
Glycine	1,380 mg
Histidine	540 mg
Isoleucine	970 mg
Leucine	1,810 mg
Lysine	1,540 mg
Methionine	240 mg
Phenylalanine	1,180 mg
Proline	970 mg
Serine	1,140 mg
Threonine	840 mg
Taurine	500 mg
Tryptophan	220 mg
Tyrosine	820 mg
Valine	1,080 mg

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**DIRECTIONS:** Mix the contents of one packet (48 g) into 8-12 oz chilled water and consume once daily, or as directed by your healthcare professional. Adjust amount of water to desired sweetness and thickness.

Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional. The labeling on this product does not comply with California's Proposition 65. Therefore, this product may not be sold in California.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**FORMULATED TO EXCLUDE:** Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, artificial colors, and artificial sweeteners.

BrainSustain™ represents more than 30 years of neuroscience research. Designed to address brain health, structure, and function, BrainSustain contains a variety of nutrients and cofactors that support mitochondrial energy production, antioxidant systems, neurotransmitter production, and cell membrane integrity.\*

**Quatrefolic®** S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under U.S. Patent 7,947,662.

S2. Albion® is a registered trademark of Albion Laboratories, Inc.

S3. Sharp•PS® GREEN is a registered trademark of Enzymotec Ltd.

**life'sDHA®** S4. life'sDHA® is a registered trademark of DSM.

**EVNol™** S5. EVNol™ (formerly known as Tocomin®) is a trademark of ExcelVite. Tocotrienols are extracted and concentrated from sustainably sourced Malaysian red palm oil. Protected by U.S. Patent 5,157,132.

**true/broc®** S6. TrueBroc® is protected by trademarks and patents of Brassica Protection Products LLC: www.brassica.com/ip

**AMINOGEN®** S7. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. Patent 5,387,422.

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clean seas  
turn the tide on plastic

#CleanSeas

XYMOGEN is committed to reducing the amount of plastics used throughout our business, particularly in the packaging of our products. With our participation in the United Nations Environment Programme Clean Seas initiative, we strive to positively decrease our environmental footprint, providing results that can ultimately:

- » Help free the ocean of litter, making it safer for millions of marine animals.
- » Reduce the use of non-renewable resources.
- » Keep wild-caught seafood healthy and safe to eat.
- » Protect maritime economies such as organic fishing, tourism, and recreation.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.