

cGMP Certified Manufacturing



Digestive Enzymes  
Trace Minerals  
Amino Acids  
Multivitamin  
Probiotics

B-Complex  
Biotin  
Calcium  
Folate  
Magnesium  
Omega-3  
Zinc

Vegan  
Non-GMO  
Soy-Free  
Dairy-Free  
Gluten-Free

# TEEN FERMENTED MULTIVITAMIN+

25+ VITAMINS & MINERALS  
FRUITS & VEGGIES

IMMUNE HEALTH SUPPORT\*

60 CAPSULES  
DIETARY SUPPLEMENT

# CODEAGE

**Suggested use:** Ages 12 and up, take 2 capsules daily with 8 ounces of water or your favorite beverage. May be taken with or without food. Use only under adult supervision.

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	750 mcg	83%	Chromium (as Chromium Piccolinate)	25 mcg 71%
Vitamin C (as L-Ascorbate; Acerola Cherry)	80 mg	89%	Molybdenum (as Amino Acid Chelate)	35 mcg 78%
Vitamin D3 (as Wild Harvested Lichen)	25 mcg	125%	<b>Probiotic &amp; Enzyme Blend (18 CFU)</b> †	73 mg **
Vitamin E (as D-alpha Tocopherol Succinate)	20 mg	133%	<i>L. bulgaricus</i> , <i>B. bifidum</i> , <i>L. acidophilus</i> , Papain, Protease, Lipase, Cellulase	
Thiamin (as Thiamine Mononitrate)	1.3 mg	108%	<b>Teen Health Blend</b>	50 mg **
Riboflavin (as Riboflavin-5-Phosphate)	1.5 mg	115%	Fermented Blueberry (Fruit)†, Fermented Broccoli (Whole Plant; <i>Brassica oleracea</i> var. <i>italica</i> )†,	
Niacin (as Niacinamide)	12 mg	75%	Fermented Carrot (Root)†, Fermented Cranberry (Fruit; <i>Vaccinium subsp. Oxyccocus</i> )†,	
Vitamin B6 (as Pyridoxal 5-Phosphate)	1.3 mg	76%	Fermented Ginger (Root)†, Fermented Kale (Leaf; <i>Brassica oleracea</i> var. <i>sabellica</i> )†, Fermented Orange (Fruit)†, Fermented Pomegranate (Fruit)†, Fermented Raspberry (Fruit)†, Fermented Spinach (Leaf; <i>Spinacia oleracea</i> )†	
Folate (as Quatrefolic® (6S)-5-300 mcg DFE)	300 mcg DFE	75%	Inositol	25 mg **
Methyltetrahydrofolic Acid, Glucosamine Salt†	2 mcg	83%	Rutin (from Black Olives)	5 mg **
Vitamin B12 (as Methylcobalamin)	150 mcg	500%	Boron (from Amino Acid Chelate)	500 mcg **
Biotin	5 mg	100%	Lutein (from Marigold)	450 mcg **
Pantothenic Acid (as Calcium Pantothenate)	5 mg	100%	Omega-3 (from Microalgae)	450 mcg **
Calcium (as Coral Calcium; Citrate)	110 mg	8%	Coenzyme Q10 (CoQ10)	425 mcg **
Iron (as Ferrus Fumarate)	5 mg	28%	Astaxanthin (from Algae)	360 mcg **
Phosphorus (as Dicalcium Phosphate)	25 mg	2%	Lycopene (from Tomatoes; Zeaxanthin (from Marigold))	185 mcg **
Iodine (from Kelp)	120 mcg	80%	Vitamin K2 (as Menaquinone-7)	110 mcg **
Magnesium (as Citrate & Oxide)	95 mg	23%	Trace Minerals (from Sea Water)	20 mcg **
Zinc (as Amino Acid Chelate)	5 mg	45%		
Selenium (as L-Selenomethionine)	40 mcg	73%		
Copper (as Amino Acid Chelate)	0.06 mg	7%		
Manganese (as Citrate)	1.6 mg	70%		

\*\*Daily Value (DV) not established †Organic Ingredient ‡At time of manufacture

**Other Ingredients:** Methylcellulose Capsule, Potassium Chloride.

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**CAUTION:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Please use caution if you have any allergies or sensitivities to any of the listed ingredients. Not intended for those under the age of 12. Discontinue use two weeks prior to surgery. Teens between the ages of 12 and 18 should only consume a dietary supplement under direct adult supervision.

## QUESTIONS? CODEAGE.COM

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Quatrefolic® is a registered trademark of Onosis Spa. Store in a cool, dry place. Do not use if product has been opened or tampered with in any way. **Keep out of reach of children and pets.**