

# Supplement Facts

Serving Size: 1 Packet  
Servings Per Container: 60

|                                                                                             | ActivNutrients®<br>without Iron (2) Capsules | OncoPLEX™<br>& D3 (1) Capsule | Omega MonoPure® 650 EC<br>(1) Softgel |
|---------------------------------------------------------------------------------------------|----------------------------------------------|-------------------------------|---------------------------------------|
|                                                                                             | Amount<br>Per Serving                        | Amount<br>Per Serving         | Amount<br>Per Serving                 |
|                                                                                             | %DV                                          | %DV                           | %DV                                   |
| Calories                                                                                    |                                              |                               | 5                                     |
| Total Fat                                                                                   |                                              |                               | 0.5 g 1%†                             |
| Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate)                       | 1,120 mcg                                    | 124%                          |                                       |
| Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate) | 125 mg                                       | 139%                          |                                       |
| Vitamin D3 (cholecalciferol)                                                                | 2.5 mcg (100 IU)                             | 13%                           | 50 mcg (2,000 IU) 250%                |
| Vitamin E (as d-alpha tocopheryl succinate)                                                 | 67 mg                                        | 447%                          |                                       |
| Thiamin (as thiamine mononitrate)                                                           | 10 mg                                        | 833%                          |                                       |
| Riboflavin (as riboflavin 5'-phosphate sodium)                                              | 10 mg                                        | 769%                          |                                       |
| Niacin (as niacinamide and niacin)                                                          | 32 mg                                        | 200%                          |                                       |
| Vitamin B6 (as pyridoxal 5'-phosphate)                                                      | 10 mg                                        | 588%                          |                                       |
| Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt)‡                            | 340 mcg DFE                                  | 85%                           |                                       |
| Vitamin B12 (as methylcobalamin)                                                            | 250 mcg                                      | 10,417%                       |                                       |
| Biotin                                                                                      | 500 mcg                                      | 1,667%                        |                                       |
| Pantothenic Acid (as d-calcium pantothenate)                                                | 100 mg                                       | 2,000%                        |                                       |
| Choline (as choline dihydrogen citrate)                                                     | 18 mg                                        | 3%                            |                                       |
| Calcium (as di-calcium malate‡§, d-calcium pantothenate, and calcium ascorbate)             | 50 mg                                        | 4%                            |                                       |
| Iodine (as potassium iodide)                                                                | 50 mcg                                       | 33%                           |                                       |
| Magnesium (as di-magnesium malate)‡                                                         | 50 mg                                        | 12%                           |                                       |
| Zinc (as zinc bisglycinate chelate)‡                                                        | 6.5 mg                                       | 59%                           |                                       |
| Selenium (as selenium glycinate)‡                                                           | 50 mcg                                       | 91%                           |                                       |
| Copper (as copper bisglycinate chelate)‡                                                    | 0.5 mg                                       | 56%                           |                                       |
| Manganese (as manganese bisglycinate chelate)‡                                              | 0.25 mg                                      | 11%                           |                                       |
| Chromium (as chromium nicotinate glycinate chelate)‡                                        | 250 mcg                                      | 714%                          |                                       |
| Molybdenum (as molybdenum glycinate chelate)‡                                               | 25 mcg                                       | 56%                           |                                       |
| Potassium (as potassium glycinate complex‡¶ and potassium ascorbate)                        | 49.5 mg                                      | 1%                            |                                       |
| Fish Oil Concentrate‡§                                                                      |                                              |                               | 650 mg **                             |
| Total Omega-3 Fatty Acids                                                                   |                                              |                               | 430 mg **                             |
| EPA (eicosapentaenoic acid)                                                                 |                                              |                               | 300 mg **                             |
| DHA (docosahexaenoic acid)                                                                  |                                              |                               | 130 mg **                             |
| DPA (docosapentaenoic acid)                                                                 |                                              |                               | 12 mg **                              |
| Inositol                                                                                    | 18 mg                                        | **                            |                                       |
| Glucoraphanin (from broccoli extract)( <i>Brassica oleracea italica</i> )(seed)‡¶           |                                              | 15 mg                         | **                                    |
| PABA ( <i>para</i> -aminobenzoic acid)                                                      | 6 mg                                         | **                            |                                       |
| Vanadium (as vanadium nicotinate glycinate chelate)‡§                                       | 375 mcg                                      | **                            |                                       |

† Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Value (DV) not established.

**Other Ingredients for ActivNutrients without Iron:** Capsule (hypromellose and water), microcrystalline cellulose, ascorbyl palmitate, silica, and medium-chain triglyceride oil, and mixed tocopherols.

**Other Ingredients for OncoPLEX & D3 capsule:** Microcrystalline cellulose, capsule (hypromellose and water), vegetable stearic acid, vegetable magnesium stearate, and silica.

**Other Ingredients for Omega MonoPure 650 EC:** Softgel (fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, medium-chain triglycerides, oleic acid, vegetable stearic acid, and ammonium hydroxide), and mixed natural tocopherols.

**Contains:** Fish (anchovy and/or sardine [sources of fish oil], tilapia and/or pangasius [sources of fish gelatin]).

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S3. MaxSimil® fish oil is a registered trademark of Ingenutra Inc. Protected under U.S. patents 8,119,690 and 8,198,324; Canadian patents 2672513 and 2677670.

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## ActivEssentials™ with OncoPLEX™ & D3

**DIRECTIONS:** Consume the contents of one packet daily, or as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication, especially blood thinners, should discuss potential interactions with their healthcare professional. Do not use if packet is damaged.

**ActivEssentials™ with OncoPLEX™ & D3** is a conveniently dose-packaged combination of three formulas that provide comprehensive nutritional support for health and well-being especially when higher vitamin D intake and long-lasting antioxidant support against free radical damage is desirable.\*

**ActivNutrients® without Iron:** A high-quality, hypoallergenic, proprietary multivitamin/mineral blend featuring activated vitamins, including folate as 5-MTHF (5-methyltetrahydrofolate), and patented Albion® chelated mineral complexes in easy-to-swallow vegetarian capsules.

**OncoPLEX™ & D3:** Each capsule provides 2000 IU of vitamin D3 and 15 mg of glucoraphanin from highly concentrated broccoli seed extract, an ingredient found in XYMOGEN's formulas OncoPLEX™ and OncoPLEX™ ES. Glucoraphanin is the precursor to sulforaphane, and it possesses antioxidant activity that lasts up to 72 hours—significantly longer than the activity of vitamins C, E, or beta-carotene. Glucoraphanin also activates the transcription factor Nrf2, which induces increased synthesis of phase 2 detoxification and antioxidant enzymes. D3 is provided as cholecalciferol, identical to the form in which it is derived in the body from cholesterol and synthesized by sunlight on the skin. D3 has been shown to raise and maintain serum vitamin D and increase storage concentrations of vitamin D better than D2.\*

**Omega MonoPure® 650 EC:** Features natural enzymatically enhanced MaxSimil® monoglyceride fish oil that has a three times greater EPA/DHA absorption rate than an equivalent dose of ethyl ester fish oil. This translates to less fish oil in a smaller softgel for easy swallowing. This IFOS five-star certified fish oil outperforms other fish oils through MaxSimil patented lipid absorption enhancement technology (PLATform).\*

**Each packet contains: 2 ActivNutrients without Iron capsules, 1 OncoPLEX & D3 capsule, and 1 Omega MonoPure 650 EC softgel.**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**FORMULATED TO EXCLUDE:** Wheat, gluten, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, and artificial sweeteners.



## ActivEssentials™ with OncoPLEX™ & D3

Daily Dose-Pack Nutrition

ePV:

### Dietary Supplement 60 Packets



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XYMOGEN supports the initiative



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XYMOGEN is committed to reducing the amount of plastics used throughout our business, particularly in the packaging of our products. With our participation in the United Nations Environment Programme Clean Seas initiative, we strive to positively decrease our environmental footprint, providing results that can ultimately:

- » Help free the ocean of litter, making it safer for millions of marine animals.
- » Reduce the use of non-renewable resources.
- » Keep wild-caught seafood healthy and safe to eat.
- » Protect maritime economies such as organic fishing, tourism, and recreation.

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