

SUGGESTED USAGE: Mix 1 level scoop daily into 8 oz. of cold water, milk, or your favorite beverage. Stir or blend.

NOW® Sports Egg White Protein is an excellent source of high quality protein. Good quality proteins rate well on the PDCAAS (Protein Digestibility Corrected Amino Acid Score), the most accurate measurement of a protein's quality. NOW® Sports Egg White Protein rates as one of the highest quality proteins available when using the PDCAAS. A good mix of proteins from different sources provides the best results, and high quality NOW® Sports Egg White Protein is an excellent addition to any protein supplementation program.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, which is harmful to pets.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Code 2044N vs



EGG WHITE PROTEIN

PROTEIN POWDER



CREAMY CHOCOLATE



NET WT. 1.5 LBS. [680 G]



Nutrition Facts

About 23 servings per container

Serving size 1 level scoop (30g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 0.5g	<1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 320mg	14%
Total Carbohydrate 4g	1%
Dietary Fiber <1g	2%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Xylitol 1.5g	
Protein 20g	40%
Vit. D 0mcg 0%	Calcium 27mg 2%
Iron 1mg 6%	Potas. 331mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: EGG WHITE POWDER (INSTANTIZED), COCOA, XYLITOL, NATURAL FLAVORS, ORGANIC STEVIA LEAF EXTRACT, SUNFLOWER LECITHIN (< 1%). CONTAINS EGG.

MANUFACTURED BY
NOW FOODS
395 S. GLEN ELLYN RD.
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nowsportsproducts.com

Made and quality tested in the USA with globally sourced ingredients.

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per Serving
L-Histidine	477
L-Isoleucine***	1113
L-Leucine***	1749
L-Lysine	1313
L-Methionine	774
L-Phenylalanine	1213
L-Threonine	933
L-Tryptophan	338
L-Valine***	1431
Non-Essential Amino Acids	
L-Alanine	1272
L-Arginine	1192
L-Aspartic Acid	2108
L-Glutamic Acid	2702
Glycine	715
L-Proline	795
L-Serine	1410
L-Tyrosine	815

**subject to natural variability

***Branched-Chain Amino Acids

Not manufactured with wheat, gluten, soy, milk, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This egg white powder is pasteurized which inactivates the avidin glycoprotein. Therefore, biotin fortification is not necessary for this product.