

Suggested Usage: Take 1 capsule 1 to 3 times daily, or as needed, with food.

Ginger (*Zingiber officinale*) is a plant native to Southeast Asia that has a long history of use by traditional herbalists and is commonly used as a culinary spice. Ginger has more recently been shown to support digestive health and helps to temporarily relieve mild nausea and upset stomach.* In addition, ginger possesses a wide range of powerful free radical-quenching compounds.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (including blood thinners), or have a medical condition (including gallstones). Keep out of reach of children.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CAPSULE SIZE

CODE 4689B V7



Ginger Root Extract

250 mg

Digestive Support*

- Standardized to min. 5% Gingerols
- Temporary Relief of Upset Stomach*

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Ginger Extract (<i>Zingiber officinale</i>) (Root)	250 mg**
(Standardized to min. 5% Gingerols)	
Ginger Powder (<i>Zingiber officinale</i>) (Root)	225 mg**

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Maltodextrin (non-GMO), Stearic Acid (vegetable source) and Silicon Dioxide.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

