

Suggested Usage: Take 1 tablet daily.

Vitamin C is a water soluble nutrient well known for its vital role in the immune system.* Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health.* Vitamin C is needed for amino acid metabolism, neurotransmitter synthesis, and the utilization of many nutrients, such as folic acid and iron.* It is also a highly effective antioxidant that can help maintain healthy tissues by neutralizing free radicals generated during normal metabolism and exposure to environmental stressors.* This product supplies calcium ascorbate, a buffered form of vitamin C that is bioavailable and non-acidic; it is enhanced with bioflavonoids, which work synergistically with vitamin C.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CODE 0700B V13



TABLET SIZE



Buffered C-1000 Complex

Immune System Support*

- Antioxidant & Collagen Support*
- With 250 mg of Bioflavonoids

90 Tablets



A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (from Calcium Ascorbate)	1 g (1,000 mg)	1111%
Calcium (from Calcium Ascorbate)	100 mg	8%
Citrus Bioflavonoid Complex	250 mg	†
Acerola Extract Complex (<i>Malpighia punicifolia</i>) (Fruit)	50 mg	†
Rutin Complex (from <i>Sophora japonica</i> Flower Bud)	50 mg	†

† Daily Value not established.

Other ingredients: Hydroxypropyl Cellulose, Hypromellose (cellulose), Stearic Acid (vegetable source), Maltodextrin (non-GMO), Vegetarian Coating [hypromellose (cellulose), stearic acid (vegetable source), sunflower lecithin, triethyl citrate, sunflower oil], Magnesium Stearate (vegetable source), Silicon Dioxide and Caramel Color.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

