

TABLET SIZE



Made in the USA
CODE 5964B
V2

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Store in a cool, dry place after opening. Please Recycle.

SUGGESTED USAGE: As a dietary supplement, take 3 tablets twice daily, with a large glass of water or juice. Because many people often fail to obtain adequate fiber in their diets, Oat Fiber, in the form of a tablet, may help to alleviate such dietary shortcomings. The combination of fiber from oats, brown rice and apple pectin is especially useful in balancing fiber intake.



Oat Fiber Plus

NUTRITIONAL HEALTH

with Brown Rice Bran
& Apple Pectin
100 Tablets
A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 3 Tablets
Servings Per Container 33

	Amount Per Serving	% Daily Value
Total Carbohydrate	2 g	< 1%*
Dietary Fiber	1 g	4%*
Oat Fiber (Hull)	1.65 g (1,650 mg)	†
Brown Rice Bran	165 mg	†
Apple Pectin Powder	165 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium and Silica.

Manufactured by NOW FOODS
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For more product information visit
www.nowfoods.com/5964

Not manufactured with wheat, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.