

CODE 329422

APG

**Directions:** As a dietary supplement, take the contents of one pack daily with food.  
Each pack contains:

### Women's Ultra Mega® 50 Plus

## Supplement Facts

| Serving Size Two Green Capsules                                                                                                                             |               |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Amount Per Serving                                                                                                                                          | % Daily Value |
| Vitamin A (50% as beta-Carotene, 50% as Retinyl Acetate)                                                                                                    | 5000 IU 100%  |
| Vitamin C (as Ascorbic Acid & Calcium Ascorbate)                                                                                                            | 200 mg 333%   |
| Vitamin D (as Cholecalciferol D-3)                                                                                                                          | 1600 IU 400%  |
| Vitamin E (as Natural d-alpha Tocopherol Acetate)                                                                                                           | 30 IU 100%    |
| Vitamin K (as Phylloquinone)                                                                                                                                | 80 mcg 100%   |
| Thiamin (Vitamin B-1 as Thiamin Mononitrate)                                                                                                                | 50 mg 3333%   |
| Riboflavin (Vitamin B-2)                                                                                                                                    | 50 mg 2941%   |
| Niacin (as Nicotinamide & Niacin)                                                                                                                           | 50 mg 250%    |
| Vitamin B-6 (as Pyridoxine Hydrochloride)                                                                                                                   | 50 mg 2500%   |
| Folic Acid                                                                                                                                                  | 400 mcg 100%  |
| Vitamin B-12 (as Cyanocobalamin)                                                                                                                            | 50 mcg 833%   |
| Biotin                                                                                                                                                      | 300 mcg 100%  |
| Pantothenic Acid (as Calcium d-Pantothenate)                                                                                                                | 50 mg 500%    |
| Calcium (as Calcium Carbonate)                                                                                                                              | 500 mg 50%    |
| Magnesium (as Magnesium Oxide)                                                                                                                              | 100 mg 25%    |
| Zinc (as Zinc Oxide)                                                                                                                                        | 15 mg 100%    |
| Selenium (as L-Selenomethionine)                                                                                                                            | 200 mcg 266%  |
| Copper (as Cupric Oxide)                                                                                                                                    | 2 mg 100%     |
| Manganese (as Manganese Sulfate)                                                                                                                            | 2 mg 100%     |
| Chromium (as Hydrolyzed Protein Chelate)                                                                                                                    | 120 mcg 100%  |
| Molybdenum (as Sodium Molybdate)                                                                                                                            | 75 mcg 100%   |
| Healthy Aging Free Radical Protection Blend                                                                                                                 | 70 mg         |
| alpha-Lipoic Acid, Green Tea Leaves Extract, Bilberry Fruit Powder, Elderberry Fruit Powder, Black Currant Fruit Powder, Bilberry Fruit Powder, Resveratrol |               |
| Skin Health Blend                                                                                                                                           | 50 mg         |
| Collagen, Hyaluronic Acid (HA)                                                                                                                              |               |
| Memory Health Blend                                                                                                                                         | 20 mg         |
| Phosphatidylserine, Choline (as Choline Bitartrate)                                                                                                         |               |
| Cranberry Concentrate (Vaccinium macrocarpon)                                                                                                               | 20 mg         |
| Inositol                                                                                                                                                    | 10 mg         |
| Silica (as Silicon Dioxide)                                                                                                                                 | 4 mg          |

\*This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

| Amount Per Serving                    | % Daily Value |
|---------------------------------------|---------------|
| Boron (as Hydrolyzed Protein Chelate) | 2 mg          |
| Lutemax 2020™ Luton                   | 950 mcg       |
| Lycopene                              | 950 mcg       |
| Zeaxanthin (as Zeaxanthin Isomers)    | 190 mcg       |
| Astaxanthin                           | 50 mcg        |
| Vanadium (as Sodium Molybdate)        | 10 mcg        |

\* Daily Value not established.

**Other Ingredients:** Cellulose, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Vegetable Acetoglycerides, Chlorophyll, Sucralose.

**CONTAINS: Fish and Soybeans.**

### Fish Oil with CoQ-10

## Supplement Facts

| Serving Size One Green Softgel Capsule                                                                                                                                                                                             |               |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Amount Per Serving                                                                                                                                                                                                                 | % Daily Value |
| Calories                                                                                                                                                                                                                           | 10            |
| Calories from Fat                                                                                                                                                                                                                  | 10            |
| Total Fat                                                                                                                                                                                                                          | 1 g 2%        |
| Vitamin E (as Natural d-alpha Tocopherol)                                                                                                                                                                                          | 50 IU 100%    |
| EPA (Eicosapentaenoic Acid)(Omega-3)                                                                                                                                                                                               | 360 mg        |
| DHA (Docosahexaenoic Acid)(Omega-3)                                                                                                                                                                                                | 240 mg        |
| Coenzyme Q-10 (Natural)                                                                                                                                                                                                            | 100 mg        |
| † Percent Daily Value based on a 2,000 calorie diet.                                                                                                                                                                               |               |
| * Daily Value not established.                                                                                                                                                                                                     |               |
| <b>Other Ingredients:</b> Fish Body Oil, Gelatin, Glycerin, Soybean Oil, Chlorophyll, Titanium Dioxide (Natural Mineral Whitener), Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid). |               |
| Conforms to USP <2091> for weight.                                                                                                                                                                                                 |               |

To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Probiotic Complex
- SuperFoods Supreme
- Ocular Formula
- TriFlex™

### Calcium & Vitamin D with MBP®

## Supplement Facts

| Serving Size One Softgel Capsule |               |
|----------------------------------|---------------|
| Amount Per Serving               | % Daily Value |
| Calcium (as Calcium Carbonate)   | 600 mg 80%    |
| Vitamin D (Cholecalciferol D-3)  | 400 IU 100%   |
| MBP®                             | 40 mg         |

\* Daily Value not established.

**Other Ingredients:** Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

**CONTAINS: Milk.**

Suitable for individuals following a low lactose diet.

### Phytosterols

## Supplement Facts

| Serving Size One White Capsule |               |
|--------------------------------|---------------|
| Amount Per Serving             | % Daily Value |
| Phytosterols                   | 800 mg        |

\* Daily Value not established.

**Other Ingredients:** Calcium Carbonate, Cellulose, Corn Starch, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

**CONTAINS: Soybeans.**

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

**CONTAINS: Milk.**

Suitable for individuals following a low lactose diet.

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Meets USP <2040> disintegration.

**CONTAINS: Milk.**

### Memorall®

## Supplement Facts

| Serving Size One Dark Brown Softgel Capsule           |               |
|-------------------------------------------------------|---------------|
| Amount Per Serving                                    | % Daily Value |
| Calories                                              | 0             |
| Calories from Fat                                     | 0             |
| Total Fat                                             | 0.5 g 1%      |
| Vitamin A (as beta-Carotene)                          | 1168 IU 23%   |
| Vitamin E (as d-alpha Tocopherol Acetate)             | 15 IU 50%     |
| Folic Acid                                            | 200 mcg 50%   |
| Vitamin B-12 (as Cyanocobalamin)                      | 6 mcg 100%    |
| EPA (Eicosapentaenoic Acid)(Omega-3 as Fish Body Oil) | 100 mg        |
| DHA (Docosahexaenoic Acid)(Omega-3 as Fish Body Oil)  | 75 mg         |
| Ginkgo Biloba Leaves Extract                          | 60 mg         |
| Phosphatidylserine (as Soy Lecithin)                  | 15 mg         |
| Coenzyme Q-10                                         | 5 mg          |
| Citrus Bioflavonoids                                  | 5 mg          |
| Huperzine A                                           | 50 mcg        |

† Percent Daily Value based on a 2,000 calorie diet.

\* Daily Value not established.

**Other Ingredients:** Soybean Oil, Gelatin, Glycerin, Caramel Color, Titanium Dioxide (Natural Mineral Whitener).

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

**CONTAINS: Soybeans.**

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

**CONTAINS: Milk.**

Suitable for individuals following a low lactose diet.

**CONTAINS: Soybeans.**

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

**CONTAINS: Milk.**

Suitable for individuals following a low lactose diet.

**CONTAINS: Soybeans.**

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

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**CONTAINS: Milk.**

Suitable for individuals following a low lactose diet.

**CONTAINS: Soybeans.**

# BONUS SIZE – ONE EXTRA WEEK FREE!

**GNC**

# WOMEN'S ULTRA MEGA® 50 Plus

Dietary Supplement

VITAPAK® PROGRAM

- Clinically studied multivitamin<sup>†</sup> with 2,000 IU of vitamin D-3 for breast and immune health\*
- Supports memory retention and brain function with specialized Memorall® formula\*
- May reduce the risk of heart disease with 800 mg of phytosterols<sup>†</sup>



30 37 PACKS



PHYSICIAN ENDORSED\*

# WOMEN'S ULTRA MEGA® 50 PLUS

GNC Women's Ultra Mega® 50 Plus Vitapak® Program is a scientifically designed, healthy-aging program that conveniently combines specialty formulas to support a woman's overall nutritional needs.

### Women's Ultra Mega® 50 Plus

Our premium, clinically studied<sup>†</sup> multivitamin is scientifically designed to include nutrients that support overall healthy aging.\* It contains 1,600 IU of vitamin D-3 for breast and bone health, as well as a memory health blend to promote a healthy nervous system and support memory function.\* This timed-release formula combines B vitamins that are essential for energy production, antioxidants to protect from free radicals that can destroy healthy cells, and lutein and zeaxanthin for eye health.\*

### Memorall®

Combines special ingredients that may support healthy brain function and memory retention.\* Features ginkgo biloba that helps support increased blood flow to the brain, huperzine A that helps prevent the breakdown of key neurotransmitters in the brain, and DHA, an important omega-3 fatty acid which is a key structural fatty acid in the brain.\*

### Phytosterols

Natural compounds found in fruits, vegetables and whole grains that help block cholesterol absorption. Phytosterols are clinically shown to support healthy cholesterol levels and may reduce the risk of heart disease.\* Each daily serving provides the clinically studied dose of 800 mg of phytosterols.

### Calcium & Vitamin D with MBP®

Features 600 mg of calcium, 400 IU of vitamin D-3, and 40 mg of clinically studied MBP® to support natural bone building.\* These bone-strengthening nutrients are essential in the development of healthy bones and teeth. Adequate calcium and vitamin D, in a healthy diet throughout life, may reduce the risk of osteoporosis. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting breast and bone health.\* Emerging research indicates that MBP® supports the body's natural ability to build and maintain bone mass by supporting the body's bone-building cells.\*

### Fish Oil with CoQ-10

Packed with 100 mg of CoQ-10 to produce cellular energy, healthy heart and blood vessel function, and 600 mg of total omega-3 fatty acids to help support heart health.\* Fish oil helps maintain healthy cholesterol and blood pressure levels, and supports joint, brain, eye and skin health.\*

\*Diets low in saturated fat and cholesterol that include two servings of a dietary supplement that provide a daily total of at least 800 mg of plant phytosterols in two meals may reduce the risk of heart disease. A serving of Women's Ultra Mega® 50 Plus Vitapak® supplies 800 mg of plant phytosterols.

†In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.