



1 4 1 4 U S L1414US0A-00 SKU301K

Compelling Performance Requires Preparation.

Prepare Working muscles require oxygen-rich blood. Prepare supports healthy blood flow and nutrient delivery to muscles during exercise.* A precursor system of L-arginine, L-citrulline, and ornithine aKG supports nitric oxide production, and gold-standard creatine monohydrate supports intense muscular contractions to further power your workouts.*

- **Support Healthy Blood Flow***
- **Enhance Fast-Twitch Muscular Contractions***
- **Maintain Focus and Performance***

Nitric Oxide
Precursor System

2100mg
Creatine Monohydrate

100mg
Caffeine

DIRECTIONS: Gently shake the canister prior to each use as contents may settle. Mix 2 scoops (16g) into 16 fl oz of water and consume once a day prior to or during exercise.

NSF Certified for Sport® (Verify this batch has been tested at www.nsf.org):

- TESTED – Clean of athletic banned substances
- VERIFIED – Meets label claims and contaminant test criteria
- AUDITED – Manufacturing facility is GMP compliant

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

NOTICE: Do not use if sensitive to caffeine. Not recommended for use by children under 18 years of age. Not recommended for use by pregnant or nursing women.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HERBALIFE 24

NUTRITION FOR THE
24-HOUR ATHLETE

PREPARE

NITRIC OXIDE PRECURSOR AND CREATINE SUPPLEMENT SYSTEM*

TROPICAL MANGO
natural flavor with other natural flavors

DIETARY SUPPLEMENT
NET WT: 14.1 OZ (400g)

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Supplement Facts

Serving Size: 2 scoops (16 g) Servings Per Container: 25

Amount Per Serving		%DV**	Amount Per Serving		%DV**
Calories	70		L-Arginine	3000 mg	†
Total Carbohydrate	13 g	5%	L-Citrulline	200 mg	†
Vitamin C (as Calcium Ascorbate)	120 mg	133%	L-Ornithine Alpha Ketoglutarate	150 mg	†
Vitamin E (as DL-Alpha Tocopheryl Acetate)	6.8 mg	45%	Betaine	40 mg	†
Vitamin B1 (as Thiamine Mononitrate)	0.4 mg	33%	Caffeine	100 mg	†
Folate 680 mcg DFE (400 mcg folic acid)		170%	Creatine Monohydrate	2100 mg	†
Sodium (as Sodium Citrate and Sea Salt)	100 mg	4%			
Potassium (as Potassium Phosphate)	90 mg	2%			

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Citric Acid, Natural Flavors, Medium Chain Triglycerides, Silicon Dioxide, Rebaudioside A (from Stevia Leaf Extract), and Beta Carotene (Color). Contains bioengineered food ingredients.

MPS
1.1875" x .5625"
2-D Barcode

Formulated and distributed exclusively by:
HERBALIFE INTERNATIONAL OF AMERICA, INC.
800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA
Made in USA with US and imported ingredients

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