

Made with love by:
Jigsaw Health, LLC.
9035 E. Pima Center Pkwy #4
Scottsdale, AZ 85258



LV3-220113



Need more? Call 1-888-352-5050 or visit JigsawHealth.com

It's fun to feel good.

Jigsaw Alaskan Cod Liver Oil is fished exclusively from the pristine waters of Dutch Harbor, Alaska, where it is line-caught and flash frozen on the boat to preserve freshness. The oil is extracted by a proprietary process that removes harmful chemicals and PCBs, yet still maintains the naturally occurring nutrients.

Jigsaw Alaskan Cod Liver Oil is a comprehensive cod liver oil supplement with omega-3 fatty acids, PRMs (pro-resolving mediators), and Vitamins A & D, all naturally occurring as formed by nature. Synthetic forms of Vitamins A & D are never used in this product. PRMs are natural substances derived from omega-3 fatty acids that act as "braking signals" to modify cell behavior and promote healthy, normal cell function.*



Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

Marine Stewardship Council. This product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. www.msc.org

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Jigsaw**
HEALTH
It's fun to feel good.

Alaskan Cod Liver Oil LIQUID

Includes naturally occurring Vitamins A & D



MSC-C-54566

Natural Lemon Flavor



8.12 FL OZ (240mL) | NUTRITIONAL SUPPLEMENT

Supplement Facts

48 servings per container

Serving Size

5 mL (one teaspoon)

Amount per serving

Calories

45

| | Amount per serving | %DV** |
|---|----------------------|------------|
| Total Fat | 5 g | 6% |
| Saturated Fat | 1 g | 5% |
| Cholesterol | 30 mg | 10% |
| Protein | 2 g | |
| Vitamin A (100% naturally occurring) | 1,100 mcg (3,667 IU) | 122% |
| Vitamin D (100% naturally occurring) | 5 mcg (200 IU) | 25% |
| Total Omega-3 Fatty Acids | 1,000 mg | † |
| Eicosapentaenoic acid (EPA) as triglyceride | 600 mg | † |
| Docosahexaenoic acid (DHA) as triglyceride | 340 mg | † |
| Docosapentaenoic acid (DPA) as triglyceride | 60 mg | † |
| Total Pro-Resolving Mediators†† | 175 mcg | † |

**The percent Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. †Daily Value not established.

Other Ingredients: Natural lemon flavor (from real lemons).

†† Representative, naturally occurring, including 14-HDHA, 17-HDHA, and 18-HEPE.

Suggested Use: As a nutritional supplement, take 1 teaspoon (5mL) with breakfast or lunch. Or use as directed by your healthcare professional.

Allergens: Contains fish (cod).

**Should not be used if tamper-evident seal is broken.
Keep out of reach of children. Refrigerate after opening.**