

SUGGESTED USE: 2 TABLETS PER DAY WITH MEALS, OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL. MAY BE TAKEN IN DIVIDED DOSES.

WARNING: IF YOU ARE TAKING MEDICATION, HAVE A MEDICAL CONDITION OR AN UPCOMING MEDICAL PROCEDURE, OR ARE PREGNANT OR NURSING, CONSULT A PHYSICIAN BEFORE USING. IF ADVERSE REACTIONS OCCUR, DISCONTINUE USE & CONSULT YOUR HEALTHCARE PRACTITIONER.

KEEP OUT OF REACH OF CHILDREN. STORE SEALED IN A COOL, DRY PLACE.

Albion® and the Albion Gold Medallion design are registered trademarks of Balchem Corporation or its subsidiaries.

Lutemax® 2020 is a trademark of OmniActive Health Technologies Ltd.

Manufactured For:
Moss Nutrition
Products, Inc.
380 Russell Street
Hadley, MA 01035
800-851-5444



WWW.MOSSNUTRITION.COM

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



2-Per-Day Vitamin Mineral Complex
Advanced Absorption & Specialty Nutrients*

Dietary Supplement
240 Tablets

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 120

	Amount Per Serving	% Daily Value †
Vitamin A (as palmitate)	900 mcg RAE	100%
Vitamin C (as calcium ascorbate, ascorbic acid)	225 mg	250%
Vitamin D3 (as cholecalciferol)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha tocopheryl succinate)	25 mg	167%
Vitamin B1 (as thiamin HCl)	25 mg	2083%
Vitamin B2 (as riboflavin-5'-phosphate)	12 mg	923%
Vitamin B3 (as niacinamide)	40 mg	250%
Vitamin B6 (as pyridoxal-5'-phosphate)	5 mg	294%
Folate (as L-5-Methyltetrahydrofolate, calcium salt)	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	50 mcg	2083%
Biotin	50 mcg	167%
Pantothenic Acid (as d-calcium pantothenate)	25 mg	500%
Choline (as citrate)	50 mg	9%
Calcium (as Calcium Citrate Malate) (Albion®)	50 mg	4%
Iodine (as potassium iodide)	25 mcg	17%
Magnesium (as Magnesium Bisglycinate Chelate) (Albion®)	25 mg	6%
Zinc (as Zinc Bisglycinate Chelate) (Albion®)	8 mg	73%
Selenium (as Selenium Glycinate) (Albion®)	150 mcg	273%
Manganese (as Manganese Bisglycinate Chelate) (Albion®)	10 mg	435%

	Amount Per Serving	% Daily Value †
Chromium (as Chromium Nicotinate Glycinate Chelate) (Albion®)	60 mcg	171%
Molybdenum (as Molybdenum Glycinate Chelate) (Albion®)	60 mcg	133%
Potassium (as Potassium Glycinate Complex) (Albion®)	30 mg	<1%
Inositol	50 mg	**
Citrus Bioflavonoid Complex	50 mg	**
Alpha Lipoic Acid	50 mg	**
Coenzyme Q10	30 mg	**
Bromelain (2400 GDU)	20 mg	**
Papain	20 mg	**
Horsetail Aerial Extract (<i>Equisetum arvense</i>)	10 mg	**
Lutein (from Lutemax® 2020 marigold flower extract)	5 mg	**
Zeaxanthin (from Lutemax® 2020 marigold flower extract)	1 mg	**
Boron (as Bororganic Glycine) (Albion®)	2 mg	**
Vanadium (as Vanadium Nicotinate Glycinate Chelate) (Albion®)	50 mcg	**

† Percent Daily Values are based on a 2000 calorie diet.
** Daily Value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, vegetable stearates, silicon dioxide, maltodextrin (non-GMO), hydroxypropyl methylcellulose, glycerin.
Does not contain gluten.