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product info



10/2026
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Read the entire label and follow
the directions carefully.

DIRECTIONS: Take one (1)
capsule once or twice daily,
or as recommended by a
healthcare practitioner.

CAUTION: If taken in high doses,
magnesium may have a laxative
effect. If this occurs, divide
dosing, reduce intake, or
discontinue product.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is damaged.
- Consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

ZümXR® is a registered trademark
and protected by patents.
See www.ZümXR.com.



L02309E



**LIFE
EXTENSION®**

Potassium with Extend-Release Magnesium



IR Potassium with
6 Hour XR Magnesium

60 VEGETARIAN
CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving		% Daily Value
Magnesium (as ZümXR® magnesium oxide, magnesium citrate)	250 mg	60%
Potassium (as potassium chloride)	99 mg	2%

Other ingredients: vegetable cellulose
(capsule), ethylcellulose, microcrystalline
cellulose, medium chain triglycerides,
stearic acid, rice concentrate,
hypromellose, oleic acid, silica.

Manufactured in USA for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309
LifeExtension.com

To report a serious adverse event or
obtain product information, contact
1-866-280-2852.

Store tightly closed in a cool, dry place.