

Calcium is an important mineral for bone health.*
Vitamin D₃ is added to assist with calcium absorption.*

Directions: As a calcium supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast or Artificial Flavors.

ACTUAL SIZE

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

21ST
CENTURY®



Calcium

1000 mg

Plus D₃ | 20 mcg (800 IU)



ONE DAILY CALCIUM
Bone Health Support*
Vitamin D₃ Added to
Assist Calcium Absorption*

GLUTEN FREE | NON-GMO
CALCIUM & VITAMIN D₃ SUPPLEMENT

90 TABLETS

500828-0521

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol)(800 IU)	20 mcg 100%
Calcium (as Calcium Carbonate)	1,000 mg 77%

Other Ingredients: Gum Acacia, Croscarmellose Sodium.
Contains <2% of: Artificial Colors (FD&C Blue #2 Carmine, FD&C Yellow #5, FD&C Yellow #6), Magnesium Silicate, Magnesium Stearate, Polyethylene Glycol, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide.



PROUDLY MANUFACTURED BY
21ST CENTURY HEALTHCARE, INC.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com

GUARANTEED QUALITY
LABORATORY TESTED

TRUSTED
QUALITY
FOR OVER
30 YEARS