

SUGGESTED USE: 1 capsule, taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional. For best results, take 1 capsule early morning and 1 capsule early afternoon. This product should be used in conjunction with a sensible diet and exercise program.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

NOTICE: Most people should not experience "Niacin skin flush" when using this product. However a few sensitive individuals may experience some flushing. Do not take on an empty stomach.

WARNING: This product contains 100 mg of caffeine per serving (equivalent to approximately 1 cup of coffee)

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by:

**COMPLETE BRANDS
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energy COMPLETE

**+ MAXIMUM
STRENGTH**

60 capsules
dietary supplement



Supplement Facts

Serving Size 1 Capsule Servings Per Container: 60

Amount Per Serving	%Daily Value
Thiamin (as thiamine HCl)	1.5 mg 125%
Riboflavin	1.7 mg 131%
Niacin (as 67% niacinamide / 33% niacin)	30 mg 188%
Vitamin B-6 (as pyridoxine HCl)	40 mg 2,353%
Folate	670 mcg DFE 167% (400 mcg folic acid)
Vitamin B-12 (as cyanocobalamin)	500 mcg 20,833%
Biotin	100 mcg 333%
Pantothenic Acid (as d-calcium pantothenate)	10 mg 200%
Magnesium (as magnesium oxide)	100 mg 24%
Taurine	100 mg *
Acai Fruit (4:1 extract) (<i>Euterpe oleracea</i>)	100 mg *
Caffeine Anhydrous	100 mg *
Spirulina Algae Powder	5 mg *
Tongkat Ali Root (20:1 extract) (<i>Eurycoma longifolia</i>)	5 mg *
<i>Panax ginseng</i> Root (70% extract)	5 mg *
American Ginseng Root Powder	5 mg *
<i>Rhodiola rosea</i> Root (3% extract)	5 mg *
Maca Root Powder	5 mg *

*Daily Value not established.

Other ingredients: Rice flour, gelatin (bovine), and vegetable magnesium stearate.