

Colon Motility Blend™ is a gentle and natural approach supporting the digestion and elimination pathway.\*

**Suggested Use:** Three (3) capsules, one to two times per day, OR one (1) to two (2) capsules three times per day, as needed for up to 3 months.

Avoid if taking Lasix (furosemide), with renal impairment, hypertension. Caution for those taking blood pressure medications. Consult your physician if pregnant or nursing. Not intended for long term use.

This product contains no preservatives, binders, artificial colorings or flavorings, sucrose, glucose, starch, lactose, salt, corn, whey, wheat, gluten, soy or milk derivatives.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



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**COLON MOTILITY BLEND™**

Dietary Supplement  
**VITANICA®**

**90 Vegetarian Capsules**

VITANICA®

P.O. Box 1285 • Sherwood, OR 97140

## Supplement Facts

Serving Size 3 Capsules

Amount per Serving	% Daily Value
Magnesium (as citrate, malate)	200 mg 50
Yellow Gentian root ~ <i>Gentiana lutea</i>	500 mg †
Turkey rhubarb root ~ <i>Rheum palmatum</i>	250 mg †
Triphala powder	250 mg †
Haritake Fruit ~ <i>Terminalia chebula</i>	
Amla Fruit ~ <i>Emblica officinalis</i>	
Bibhitake fruit ~ <i>Terminalia bellerica</i>	
Dandelion root ~ <i>Taraxacum officinale</i>	100 mg †
Protease	37,500 HUT †
Amylase	7,500 SKB †
Lipase	250 FIP †
Cellulase	125 CU †
Invertase	50 Sumner †
Lactase	250 ALU †
Bromelain	50 GDU †

† Daily Value not established.

Other ingredients: Vegetable cellulose, water and L-leucine.

**Colon Motility Blend™ is suitable for vegetarians.**

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.