

**PRE & POST-
WORKOUT**

FOR BEST RESULTS, TAKE ONE (1) SOFTGEL
FOUR TIMES DAILY, PREFERABLY WITH MEALS.

MET-Rx® TONALIN® CLA 1000

MET-Rx® TONALIN® CLA IS AN ADVANCED SUPPLEMENT DESIGNED FOR ELITE ATHLETES, BODYBUILDERS AND ANYONE STRIVING TO GET INTO PEAK CONDITION.* INCORPORATE THIS PRODUCT WITH YOUR INTENSIVE TRAINING PROGRAM TO SUPPORT YOUR BODY-SHAPING GOALS.*

CLA IS BELIEVED TO WORK BY MODULATING OXIDATIVE ENZYME ACTIVITY AS WELL AS ENERGY METABOLISM.* IT IS DERIVED FROM ALL-NATURAL SAFFLOWER OIL AND CONTAINS NO NATURAL OR ARTIFICIAL STIMULANTS OF ANY KIND. MET-Rx® TONALIN® CLA IS THE RIGHT CHOICE FOR PEOPLE SENSITIVE TO THE EFFECTS OF CAFFEINE AND OTHER THERMOGENICS.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Directions: For adults, take one (1) softgel four times daily, preferably with meals. It is important to check with your health care practitioner before beginning any diet and exercise program. As a reminder, discuss the supplements and medications you take with your health care providers.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

MET-Rx®

CLA

TONALIN® 1000

» **REVOLUTIONARY TONING FORMULA***

» **SUPPORTS BODY-SHAPING GOALS***

90 RAPID RELEASE
SOFTGELS

DIETARY SUPPLEMENT

**TONING &
CONDITIONING***

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Calories	10
Calories from Fat	10
Total Fat	1g 2%**
Tonalin® CLA (from Safflower Oil)	1,000mg (1 g) ***
Contains: 78-84% Conjugated Linoleic Acid (CLA)	

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Caramel Color.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Tonalin® CLA is an exclusively licensed product of BASF Personal Care and Nutrition GmbH.

MET-Rx®
Shaping Every Body.™

Manufactured in the USA by
MET-Rx Nutrition, Inc.
Boca Raton, FL 33487
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Questions? Call toll free 1-800-55-MET-Rx
To learn more, please go to www.MET-Rx.com

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