

PRE-WORKOUT

FOR MAXIMUM RESULTS, CONSUME TWO (2) TO THREE (3) SCOOPS - HALF BEFORE AND THE REST DURING YOUR WORKOUT.

**MET-Rx AMPED ECN® NOS WITH QUIK-CREAT™
MULTI-ACTION WORKOUT FORMULA**

MET-Rx AMPED ECN® NOS GIVES YOU MORE ENERGY, MORE FOCUS AND MORE HIGH-INTENSITY PERFORMANCE FOR YOUR MOST JACKED-UP WORKOUTS!* WITH A COMBINATION OF PROPRIETARY FORMULATIONS THAT SUPPORT EXTREME ENERGY AND NUTRIENT CIRCULATION TO THE CELL, MET-Rx AMPED ECN® NOS DRINK MIX DELIVERS INSANE TASTE AND RESULTS.* AND NOW WE'VE IMPROVED OUR FORMULA BY ADDING MET-Rx® QUIK-CREAT™! QUIK-CREAT™ IS A NEXT GENERATION FORM OF CREATINE FEATURING CREATINE HYDROCHLORIDE. THIS CONCENTRATED FORMULA SUPPLIES 500 MILLIGRAMS OF CREATINE HCl PER 2 SCOOP SERVING OF MET-Rx AMPED ECN® NOS!

MET-Rx AMPED ECN® NOS contains FIVE Extreme Blends!

MET-Rx AMPED ECN® PUMPED BLEND to support strength, power and recovery.*

MET-Rx AMPED ECN® NOS BLEND to enhance nitric oxide synthesis.*

MET-Rx AMPED ECN® NEURO-ENERGY BLEND designed to rev up your mind and body so you can hit the gym, focus and take care of business.*

MET-Rx AMPED ECN® NITRO BLEND contains Beta-Alanine, plus ALL essential BCAAs.*

MET-Rx AMPED ECN® HERBAL BLEND designed with Horse Chestnut, Ginkgo Biloba and Cinnamon.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Use in conjunction with an intense daily exercise program and a balanced diet, including an adequate caloric intake.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Avoid this product if you have liver or kidney disease or are allergic to aspirin. Discontinue use and consult your doctor if any adverse reactions occur. This product contains caffeine. Avoid additional consumption of caffeine, which may intensify adverse effects. Not intended for use by persons under the age of 18.

NOTICE: Beta-alanine may cause a temporary tingling sensation, which is a normal reaction.

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CarnoSyn®
Carnosine Synthesizer

MET-Rx®
Shaping Every Body.™

Manufactured in the USA by
MET-Rx Nutrition, Inc.
Boca Raton, FL 33487
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Questions? Call toll free:
1-800-55-MET-Rx
To learn more, please go to:
www.MET-Rx.com

**NEW & IMPROVED
FORMULA**

PERFORMANCE*

MET-Rx AMPED ECN® NOS

with **QUIK-CREAT™**

» **INTENSIFIES STRENGTH, POWER & RECOVERY***

» **ENERGIZES THE MIND & BODY***

» **SUPPORTS MAXIMUM POWER & INTENSITY***

**DMAA
FREE**

FRUIT PUNCH
Natural and Artificial Flavors

DIETARY SUPPLEMENT

NET WT. 32 OZ. (2LB.) (907g)

Supplement Facts

Serving Size	2 Scoops (40 g)	3 Scoops (60 g)
Servings Per Container	about 22	about 15
Amount Per Serving	%Daily Value	%Daily Value
Calories	130	190
Total Carbohydrate	17 g	26 g
Sugars	7 g	10 g
Niacin	50 mg	75 mg
Vitamin B-6 (as Pyridoxine Hydrochloride)	49 mg	73 mg
Folic Acid	840 mcg	1,260 mcg
Vitamin B-12 (as Cyanocobalamin)	280 mcg	420 mcg
Phosphorus	218 mg	326 mg
Magnesium (as Magnesium Phosphate)	196 mg	293 mg
Sodium	105 mg	160 mg
MET-Rx Amped ECN® Pumped Blend	5,035 mg (5.0 g)	7,553 mg (7.5 g)
Creatine Monohydrate, Quik-Creat™ Creatine HCl		
MET-Rx Amped ECN® NOS Blend	6,310 mg (6.3 g)	9,465 mg (9.4 g)
L-Arginine AKG, L-Arginine, L-Glutamine, L-Citrulline DL-Malate 1:1, Alpha Ketoglutaric Acid		
MET-Rx Amped ECN® Neuro-Energy Blend	3,318 mg (3.3 g)	4,977 mg (4.9 g)
Taurine, L-Tyrosine, Caffeine Anhydrous (200 mg per 40 g serving), White Willow (Salix alba) (bark) (standardized to contain 15% Salicin), Vinpocetine		
MET-Rx Amped ECN® Nitro Blend	3,244 mg (3.2 g)	4,866 mg (4.8 g)
L-Leucine, CarnoSyn® Beta Alanine, L-Isoleucine, L-Valine		
MET-Rx Amped ECN® Herbal Blend	450 mg	675 mg
Horse Chestnut, Ginkgo Biloba Extract 8:1, Cinnamon (Cinnamomum cassia) (bark)		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Maltodextrin, Fructose, Natural and Artificial Flavors, Citric Acid, Beet Juice Color. Contains <2% of: Sodium Phosphate, Sucralose. Contains milk ingredients.

Directions: For adults, mix two (2) to three (3) scoops (40 g - 60 g) with 16-20 fl. ounces of water or juice and consume as follows: one half 30-60 minutes before your workout and the balance during the course of your workout. Limit your use to no more than three (3) scoops in a 24-hour period. Begin with half the recommended dosage to assess individual tolerance and work your way up to three scoops for maximum benefits.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING. Contents are sold by weight. Some settling may occur.

