

Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

SleepBlend™ supports relaxation of the muscles and the mind and promotes regular biorhythms, altogether promoting improved sleep quality.*

Suggested Use: One to two capsule(s), 30-60 minutes before bedtime. Also suitable for men.

Avoid if pregnant or nursing. Caution if taking an SSRI, MAO inhibitor, benzodazepines and phenothiazines.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, starch, lactose, salt, corn, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing. Lot# 103200 Exp: 06-2016

Keep in a cool, dry place out of reach of children.



Actual Size

VITANICA®



SLEEP BLEND™

SLEEP SUPPORT*

FORMULATED BY DR. TORI HUDSON

Dietary Supplement
60 Vegetarian Capsules

Supplement Facts

Serving Size 2 Capsules, 30 Servings per Container

Amount per Serving	% Daily Value
Riboflavin (as Vit. B2 riboflavin-5-phosphate)	5 mg 294
Vitamin B6 (as pyridoxine HCl)	50 mg 2500
Vitamin B12 (as methylcobalamin)	500 mcg 8300
Calcium (as citrate, dicalcium malate)	80 mg 8
Magnesium (as citrate, dimagnesium malate)	80 mg 20
Passionflower extract (5:1) ~ Passiflora incarnata	300 mg †
Hops flower extract (4:1) ~ Humulus lupulus	300 mg †
Valerian root extract ~ Valeriana officinalis	125 mg †
5-Hydroxy tryptophan (from Griffonia seeds) ~ Griffonia simplicifolia	100 mg †
Melatonin	1 mg †

† Daily Value not established

Other ingredients: vegetarian capsule (cellulose and water), L-leucine.

SleepBlend™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.