

MEN

VITALITY  
FOR LIFE®OLIGO US PATENT  
8,273,393 & 8,697,158

# Vitality

## MULTIVITAMIN & MINERAL™

Supports Energy  
& Overall Health\*

DIETARY SUPPLEMENT  
60 TABLETS



**DIRECTIONS:** Take two tablets per day, preferably with food.

### SUPERIOR NUTRITION

- It's like no other supplement in the world—powered by twice-patented *Oligo*® technology to deliver minerals to the body *Just Like Nature*® for up to 10x better mineral absorption and 5x greater antioxidant protection!\*
- Provides over 20 essential nutrients, including methylated B vitamins, at clinically proven levels\*
- Supports energy, vitality, and balanced nutrition\*

## Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

|                                                                                                                        | Amount Per Serving | % Daily Value |
|------------------------------------------------------------------------------------------------------------------------|--------------------|---------------|
| Vitamin A (as beta-carotene)                                                                                           | 900 mcg RAE        | 100%          |
| Vitamin C (as ascorbic acid)                                                                                           | 150 mg             | 167%          |
| Vitamin D (as cholecalciferol)                                                                                         | 10 mcg             | 50%           |
| Vitamin E<br>(as d-alpha tocopheryl succinate)                                                                         | 20 mg              | 133%          |
| Vitamin K (as phytonadione)                                                                                            | 40 mcg             | 33%           |
| Thiamin (as thiamin HCl)                                                                                               | 15 mg              | 1250%         |
| Riboflavin                                                                                                             | 17 mg              | 1308%         |
| Niacin (as niacinamide)                                                                                                | 35 mg NE           | 219%          |
| Vitamin B6 (as pyridoxine HCl)                                                                                         | 10 mg              | 588%          |
| Folate (as calcium L-5<br>methyltetrahydrofolate)                                                                      | 1020 mcg DFE       | 255%          |
| Vitamin B12<br>(as methylcobalamin)                                                                                    | 12 mcg             | 500%          |
| Biotin (as d-biotin)                                                                                                   | 60 mcg             | 200%          |
| Pantothenic Acid<br>(as calcium pantothenate)                                                                          | 20 mg              | 400%          |
| Calcium<br>(as calcium carbonate, calcium citrate, calcium gluconate,<br>calcium amino acid oligofructose complex)     | 250 mg             | 19%           |
| Iodine<br>(as iodine amino acid oligofructose complex)                                                                 | 150 mcg            | 100%          |
| Magnesium<br>(as magnesium oxide, magnesium lactate,<br>magnesium citrate, magnesium amino acid oligofructose complex) | 200 mg             | 48%           |
| Zinc<br>(as zinc amino acid oligofructose complex)                                                                     | 15 mg              | 136%          |
| Selenium<br>(as selenium amino acid oligofructose complex)                                                             | 105 mcg            | 191%          |
| Copper<br>(as copper amino acid oligofructose complex)                                                                 | 3 mg               | 333%          |
| Manganese<br>(as manganese amino acid oligofructose complex)                                                           | 4 mg               | 174%          |
| Chromium<br>(as chromium amino acid oligofructose complex)                                                             | 120 mcg            | 343%          |
| Molybdenum<br>(as molybdenum amino acid oligofructose complex)                                                         | 75 mcg             | 167%          |
| Sodium                                                                                                                 | 25 mg              | 11%           |
| Boron<br>(as boron amino acid oligofructose complex)                                                                   | 150 mcg            | †             |

† Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline cellulose<sup>‡</sup>. Contains 2% or less of: hydroxypropyl methylcellulose<sup>‡</sup>, polyethylene glycol, hydroxypropylcellulose<sup>‡</sup>, stearic acid<sup>‡</sup>, silicon dioxide, magnesium stearate<sup>‡</sup>, cellulose gum<sup>‡</sup>, sodium alginate<sup>‡</sup>, carnauba wax<sup>‡</sup>, vanillin<sup>‡</sup>. <sup>‡</sup> Plant derived

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated specifically for the nutritional needs of men.\* Consult your physician before taking this product if you are pregnant, planning to become pregnant, nursing, under a doctor's care, taking any medications (blood thinners), or administering to children under the age of 18. Keep out of reach of children. Tamper-evident inner seal; if broken, do not accept. Store in a cool, dry, dark place.

GLUTEN FREE

