

Iron is an essential trace mineral and an important component of hemoglobin, the protein in red blood cells that assists in the transportation of oxygen throughout the body. Low iron levels may lead to feelings of fatigue.[†]

Nature's Lab Perfect Iron helps regulate iron levels to support healthy energy levels and red blood cell health.[†] This formula utilizes iron as bisglycinate chelate, a form of iron that is gentle on the stomach and more bioavailable than other types of iron.[†]

Warning: Pregnant or lactating women and people with known medical conditions and/or taking drugs should consult with a qualified healthcare practitioner prior to taking dietary supplements.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

Item # 17637



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Manufactured for Nature's Lab
6980 W. Warm Springs Road
Suite 100
Las Vegas, NV 89113
1-888-793-0351
NaturesLab.com



VEGETARIAN
CAPSULES



Nature's Lab™

PERFECT IRON

SUPPORTS HEALTHY RED BLOOD CELLS & ENERGY LEVELS[†]
GENTLE ON THE DIGESTIVE SYSTEM[†]



180 EASY-TO-SWALLOW VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Suggested Use: As a dietary supplement, take 1 capsule one time daily, preferably with a meal, or as directed by a qualified healthcare practitioner.

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 180

Amount Per Serving % Daily Value

Iron (as bisglycinate chelate) 25 mg 139%

Other Ingredients: Hypromellose (capsule), rice hull concentrate.

Free of: Sugar, Salt, Dairy, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Yeast, Wheat, Gluten, Soy, Corn, Preservatives, Titanium Dioxide, Artificial Colors and flavors.

Do not use if seal is broken. Keep out of reach of children. Store in a cool, dry place.

Manufactured in a facility that also processes soy, milk, fish and shellfish.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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