

L-theanine is an amino acid found primarily in certain plant species and is a constituent of green tea. L-theanine works to support mental calmness and relaxation without producing drowsiness by blocking excitatory stimuli receptors to the brain.[†] L-Theanine may also help regulate blood pressure within normal limits and promote healthy cognitive function.[†]

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Warnings: Pregnant or lactating women and people with known medical conditions and/or taking drugs should consult with a qualified healthcare practitioner prior to taking dietary supplements.

Item # 14025



Manufactured for Nature's Lab
6980 W. Warm Springs Road
Suite 100
Las Vegas, NV 89113
1-888-793-0351
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Nature's Lab®

L-THEANINE

200 MG PER SERVING

SUPPORTS MENTAL CALMNESS[†]



60 EASY-TO-SWALLOW CAPSULES

DIETARY SUPPLEMENT

Suggested Use: As a dietary supplement, take 1 capsule one time daily, preferably with a meal, or as directed by a qualified healthcare practitioner.

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60

	Amount Per Serving	%DV
L-Theanine	200 mg	*

*Daily Value (%DV) not established

Other Ingredients: Rice flour, gelatin (capsule), magnesium stearate (vegetable source), and silicon dioxide.

Free of: Sugar, Salt, Dairy, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Yeast, Wheat, Soy, Gluten, Titanium Dioxide, Artificial Colors and Flavors.

Do not use if seal is broken. Keep out of reach of children. Store in a cool, dry place.

Manufactured in a facility that also processes soy, milk, fish and shellfish.

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