## Rest & Rewind

Sleep & Anti-Aging

Lemon Balm **Antioxidant Blend** 

Mint Tea

## Beauty Sleep Starts Here

routine. This mint tea is formulated and clinically tested 5-HTP to help you dream, potent anti-aging polyphenols and powerful antioxidants work the night shift to protect and strengthen your cells.\* Now you can get a good



## **Supplement Facts**

Serving Size: 1 Stick (1.31 g)

Servings per Container, 20		
	Amt Per Serving	%DV
Calories	5	
Vitamin C (as ascorbic acid)	70 mg	78%
Magnesium	100 mg	24%
(as magnesium sulfate)		
Lemon Balm	300 mg	†
5-Hydroxytryptophan	100 mg	†
Polyphenols	75 mg	†
Proprietary Blend		

Muscadine grape extract (Vitis rotundifolia) (fruit pomace), to a minimum of 98% purity, Red wine extract (Vitis vinifera) (fruit pomace), Pomegranate extract (Punica granatum) (fruit), Chebulic Myrobalan extract (Terminalia chebula) (fruit), Black currant extract (Ribes nigrum) (fruit), Red grape extract (Vitis

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