

Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Luminous® provides nutrients supporting skin collagen, tissue strength and tissue elasticity as well as vitamins and minerals hair and nails need to grow and remain strong.*

Suggested Use: Two (2) to six (6) capsules per day.

Avoid if pregnant or nursing.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, starch, lactose, salt, corn, wheat, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



Actual Size

VITANICA®



LUMINOUS®

HAIR, SKIN & NAILS SUPPORT*

FORMULATED BY DR. TORI HUDSON

Dietary Supplement

60 Vegetarian Capsules

Supplement Facts

Serving Size 2 Capsules, 30 servings per container

Amount per Serving		% Daily Value
Vitamin C (as calcium ascorbate, buffered)	125 mg	208
Vitamin D2 (as ergocalciferol)	50 IU	13
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167
Biotin	200 mcg	67
Calcium (citrate, malate)	150 mg	15
Magnesium (as citrate)	38.5 mg	10
Magnesium (as dimagnesium malate)	36.5 mg	9
Selenium (as L-selenomethionine)	12 mcg	17
Zinc (as picolinate)	5 mg	33
Silica	500 mcg	†
Horsetail stem and leaf extract (6:1) ~ Equisetum arvense	125 mg	†
Nettle leaf extract 5:1 ~ Urtica dioica	50 mg	†
Gotu kola aerial parts extract (4:1) ~ Centella asiatica	100 mg	†
Rosemary leaf extract (6% carnosic acid) ~ Rosmarinus officinalis	90 mg	†
Oatstraw aerial parts extract (4:1) ~ Avena Sativa	90 mg	†

† Daily Value not established

Other ingredients: vegetarian capsule (cellulose and water). May contain gluten.

Luminous® is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.