

**A BURST OF ENERGY
THAT COMES ON STRONG
AND STAYS ON LONG**

Get the most out of what you put in.
Delivers 100 mg natural caffeine from
green tea extract, 800 mg beta-alanine,
and 100 mg L-theanine for long-lasting
energy that helps you work out harder
and longer.*



NO Artificial Flavors, Sweeteners, or Preservatives

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Mix 1 stick with 8 fl. oz.
of water.

Supplement Facts

Serving Size: 1 Stick (3 g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	2 g	1%**
Total Sugars	1 g	†
Includes Added Sugars	1 g	2%**
Beta-Alanine	800 mg	†
L-Theanine	100 mg	†
Caffeine (from Green Tea)	100 mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Cane Sugar, Citric Acid, Natural Flavor,
Rebaudioside M, Turmeric Powder For Color.

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Caution: Not intended for use by children or by pregnant or
lactating women, and not recommended for use by those
who are sensitive to caffeine.



Item # 21510 XD907A



Shaklee®
PERFORMANCE™

pre-workout drink mix

CRUSH YOUR WORKOUT

Formulated to help increase energy, improve physical
performance, sharpen focus, and delay muscle fatigue.*

Energize

lemon

NET WT. 3.2 OZ. (91.3 g) / 0.11 OZ. (3 g) EA. x 30 Sticks / DIETARY SUPPLEMENT



GREEN TEA EXTRACT
provides natural caffeine for
lasting energy without the crash.*



BETA-ALANINE
increases performance,
delays fatigue, and reduces
perceived exertion.*



L-THEANINE
and natural caffeine
sharpen mental focus to
help you push through.*