

YERBA PRIMA has pioneered significant advances in health enhancing products, including natural dietary fiber, internal cleansing and standardized herbs.

QUALITY ASSURANCE: Yerba Prima's products are pure and natural, and are made only from premium quality ingredients.

TAMPER EVIDENT: Do not use this product if printed band around cap is broken or missing.

CAUTION: A very small percentage of individuals, particularly health care providers who have been occupationally exposed to psyllium dust, may develop a sensitivity to psyllium. This sensitivity may result in an allergic reaction. If you experience a strong reaction, with difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Keep out of the reach of children.

Keep tightly closed to protect from humidity.

INGREDIENTS: Psyllium seed husks, soy fiber (non-GMO), oat bran, calcium carbonate, acacia gum, FOS probiotic growth complex, magnesium oxide, apple pectin extract, selenium amino acid chelate. Note: The carbohydrate in this product is primarily non-digestible fiber; digestible carbohydrate is only 1/2 gram per serving.

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G M P.
Quality

Supplement Facts

Serving size 7 grams (1 heaping teaspoon)
Servings per container: 48

Amount per serving	% Daily Value*
Calories 20	
Total Fat 0 g	0%
Total Carbohydrate 5.5 g	2%
Dietary Fiber 5 g	20%
Soluble Fiber 3 g	
Insoluble Fiber 2 g	
Sugars 0 g	
Protein <1 g	
Calcium (as calcium carbonate) 100 mg	10%
Magnesium (as magnesium oxide) 50 mg	12%
Selenium (as selenium amino acid chelate) 17 mcg †	
Sodium 5 mg	<2%
Potassium 39 mg	<2%
Concentrated fiber blend 6.6 g	†
Psyllium seed husks	
Soy fiber (non-GMO)	
Oat bran	
Acacia gum	
Apple pectin extract	

FOS (Fructo-oligosaccharides) 100 mg †

*Percent Daily Values are based on a 2,000 calorie diet.

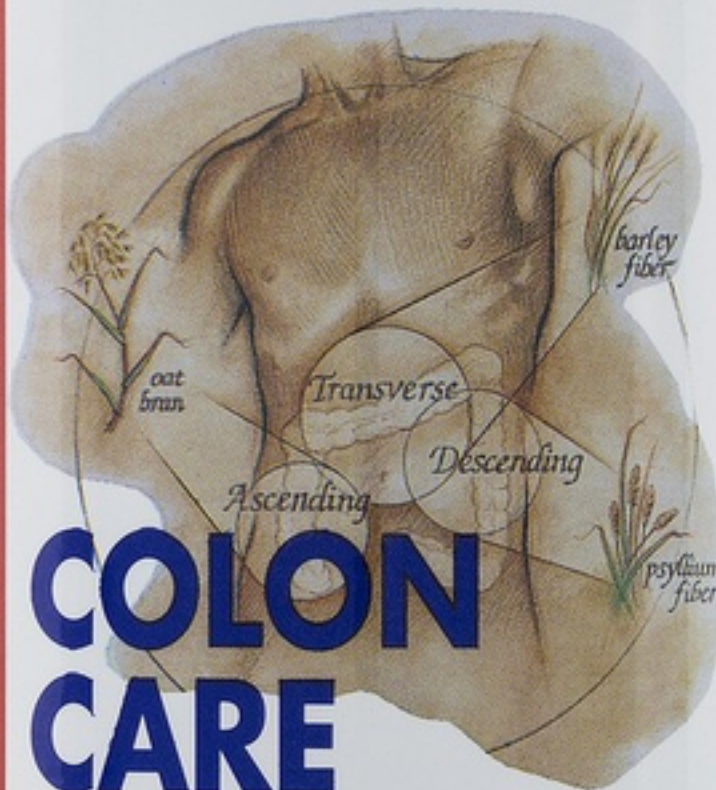
† Daily Value not established.

Yerba Prima®

COLON CARE FORMULA

Promotes Colon Health*
Elimination of Toxins*

All Natural Fiber Supplement
Net Wt 12 oz (340 g)



Yerba Prima®

COLON CARE FORMULA promotes colon health with fiber, calcium, magnesium, selenium and FOS. These nutrients provide dietary support for normal, healthy functioning of the colon, including regular elimination of toxins and waste material, promoting the growth of friendly bacteria, such as acidophilus and bifidus, and support for proper digestion.* For best results, use everyday as long as desired. No added sweeteners, colors or additives.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: ADULTS AND CHILDREN OVER 12: 1 heaping teaspoon, 1 to 3 times a day. CHILDREN 6-12: 1 level teaspoon, 1 to 3 times a day. See Directions.

DIRECTIONS: Can be used with or between meals. Start by taking 1 serving each day. Gradually increase to 3 servings per day if needed. Stir powder briskly into **at least 8 ounces (a full glass) of liquid**. Juice, water, soy or rice drink, and milk are all good with Colon Care Formula. For easiest mixing, shake in a closed jar. Drink immediately. If product is too thick when consuming, add more liquid and stir. Drinking additional liquid is helpful. If minor gas or bloating occurs, reduce the amount you take until your system adjusts.

