MUSCLE MEMORY™ is a Designer Food® dietary supplement designed by life extension scientists Durk Pearson & Sandy Shaw® for their own use. It offers a delicious and nutritious means of supplementing with L-Arginine. L-Arginine has been used by world-class athletes, Olympic weightlifters, bodybuilders, and holders of The Guinness Book of World Records. This amino acid is the subject of thousands of research studies around the world. **MUSCLE MEMORY™** provides nutrients and other co-factors to enhance the production of nitric oxide, support a healthy cardiovascular system, and promote sexual function.* This product contains arginine, choline, vitamin B5, and additional co-factors.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

STORE IN A COOL, DRY PLACE.
Safety sealed for your protection. Return for replacement if outer seal is broken.

Manufactured exclusively for and distributed by
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YOUR LIFE, OUR PRIORITY

Durk Pearson & Sandy Shaw's® Designer Food®

MUSCLE MEMORY™

Provides nutrients to enhance the production of nitric oxide, support a healthy cardiovascular system, and promote sexual function.*

A Dietary Supplement
NET WT. 14 OZ. (397 g)

MAINTAIN

Supplement Facts

Serving Size: 1 level Tablespoon (13.2 grams)
Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene) 2495 IU	50%
Vitamin C (as ascorbic acid) 500 mg	833%
Vitamin E (dL-alpha tocopheryl) 120 IU	400%
Pantothenic acid (Vitamin B5 as calcium pantothenate) 500 mg	5000%
Calcium (as calcium pantothenate) 42 mg	4%
Zinc (as zinc gluconate) 3 mg	21%
Copper (as copper bisglycinate) 420 mcg	21%
Chromium (as chromium nicotinate glycinate) 27 mcg	22%
Arginine 6 g	*
Choline (as choline dihydrogen citrate) 670 mg	*
Taurine 200 mg	*
Glycine 150 mg	*
Boron (as bororganic glycine) 2 mg	*

* Daily value not established.

Suggested Use: For adults only. For maximum benefit, use on an empty stomach. Mix 1 to 3 servings of MUSCLE MEMORY in ice cold water for best flavor. Use 4 oz. of cold water per serving. Stir briskly and drink about 1 hour before exercise, athletics, or at bedtime. MUSCLE MEMORY contains arginine, choline, vitamin B5, and additional cofactors to enhance the production of NO (nitric oxide), support a healthy cardiovascular system and promote sexual function.

This product should be used within 1 year of purchase or within 6 months after opening. Filled by weight and not by volume. Some settling may occur during shipping and handling.

Other Ingredients: Malic acid, citric acid, silicon dioxide, natural flavors, fumaric acid, stevia leaf extract.

Caution: Keep out of reach of children. Use only as directed. Not for use by diabetics, borderline diabetics, pregnant or lactating women, cancer patients, men with an enlarged prostate or with elevated PSA values, persons with ocular or brain herpes, or those with Wilson's Disease (a rare genetic copper meta- bolic disorder), Parkinson's Disease patients, or those taking anticholinergic drugs. There have been a few reports that high dietary levels of arginine may cause reactivation of latent herpes viruses in a few susceptible individuals. If this occurs, discontinue use. Excessive consumption of supplements containing choline can cause excessive muscle tone which may produce symptoms such as stiff neck, muscle tension headaches, or gastric cramps. A few persons may develop a fishy smell when using a supplement containing choline due to the bacterial degradation of choline in their gut. Persons with ulcers or a history of ulcers should consult their physician before using a supplement containing choline since choline may increase stomach acid production. Avoid the use of aluminum-containing antacids when using this product.

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