

Leap into your day with tasty, natural, fruit-flavored **LIFT™** for very fast and long-lasting energy.

LIFT™ fires up your brain naturally and jump starts your day. It contains two important ingredients for activating and using noradrenaline, the brain's version of adrenaline and an important neurotransmitter*:

- L-phenylalanine (an essential amino acid) and its essential nutrient cofactors and other nutrients your brain uses to produce noradrenaline and,
- Caffeine, which helps to release noradrenaline and increase sensitivity to the effects.

LIFT™ also works to provide appetite satisfaction. It contains only 45 calories per serving.

**Normal and natural, noradrenaline is needed by some of your nerve cells to transmit information to one another.*

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

STORE IN A COOL,
DRY PLACE.

Safety sealed for your
protection. Return for
replacement if outer
seal is broken.

Manufactured exclusively for and distributed by

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LIFE PRIORITY

YOUR LIFE, OUR PRIORITY

Durk Pearson & Sandy Shaw's®

LIFT™

LIFT™ is a powdered drink mix that helps reduce mental fatigue and feeds your brain naturally with essential nutrients that provide more youthful energy.*

An Energizing Nutrient Drink Mix
NET WT. 14.8 OZ (420 GRAMS)



ENERGIZE

Supplement Facts

Serving Size: 1 level tbsp (14 g)

Servings Per Container: 30

Amount Per Serving	% Daily Value
Calories	45
Total carbohydrates 11 g	4%
Vitamin A (as beta-carotene) 1000 IU	20%
Vitamin C (as ascorbic acid) 100 mg (as niacinamide ascorbate) 225 mg	540%
Vitamin E (dL-alpha tocopheryl) 30 IU	100%
Thiamin (vitamin B1 as thiamine hydrochloride) 1.5 mg	100%
Riboflavin (vitamin B2) 3 mg	180%
Niacin (vitamin B3 as niacinamide ascorbate) 75 mg	375%
Vitamin B6 (as pyridoxine) 16 mg	800%
Folate (as folic acid) 100 mcg	25%
Vitamin B12 (as cyanocobalamin) 20 mcg	330%
Pantothenic acid (Vitamin B5 as calcium pantothenate) 18 mg	180%
Zinc (as zinc gluconate) 3 mg	20%
Copper (as copper bisglycinate) 420 mcg	20%
Chromium (as chromium nicotinate glycinate) 25 mcg	20%
Fructose 10.7 g	*
Phenylalanine 600 mg	*
Taurine 200 mg	*
Glycine 150 mg	*
Caffeine 80 mg	*

* Daily Value not established.

Other Ingredients: Natural flavors, silicon dioxide, malic acid, citric acid, fumaric acid, stevia leaf extract.

PHENYLKETONURICS: CONTAINS PHENYLALANINE

Suggested Use: For adults only. Place one tablespoon of mix in 4 to 8 ounces of cold water or fruit juice. Stir briskly and drink. Serve over ice for best flavor. Consume as desired 1 to 4 times per day. For best results drink immediately after awakening, on an empty stomach or about one hour before a meal or usual snack time.

Caution: Do not consume more than 2.4 grams of supplemental phenylalanine per day.

Not for use by children or by pregnant or lactating women, persons with the genetic metabolic disorder PKU, psychosis, persons taking prescription MAO (monoamine oxidase) inhibitor drugs, pigmented malignant melanoma cancer patients, those with Wilson's disease, or those who have a violent temper. Not for use by anyone sensitive to any of the ingredients.

Excessive consumption of L-phenylalanine or caffeine may cause insomnia, especially when taken in the late afternoon or evening. If insomnia occurs, reducing the amount consumed by 1/2 will usually correct the problem. If insomnia is a problem, we suggest drinking **LIFT** only once per day for the first week, right after you arise in the morning. During the second week and thereafter, drink it twice per day, upon arising and an hour before lunch.



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