

Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Iron Extra™ promotes healthy iron stores and absorption with gentler forms of iron, Vitamin C and several key herbs. The inclusion of folic acid and Vitamin B-12 offer additional support.*

Suggested Use: One (1) capsule daily. Iron products should be taken under the supervision of a physician. Also suitable for men.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Monitor blood glucose if using blood sugar lowering agents.

This product contains no: preservatives, binders, artificial colorings of flavorings, sugars, starch, lactose, salt, corn, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.

Lot# 1210135 Exp: 01-2016



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Actual Size

VITANICA®



RBC SUPPORT*
FORMULATED BY DR. TORI HUDSON
Dietary Supplement
60 Vegetarian Capsules

Supplement Facts

Serving Size 1 Capsule

Amount per Serving		% Daily Value
Vitamin C (as calcium ascorbate, buffered)	500 mg	833
Folate (as folic acid)	400 mcg	100
Vitamin B12 (methylcobalamin)	500 mcg	8333
Iron (as aspartate, ferrous succinate, ferrous fumarate)	25 mg	139
Yellow dock root ~ Rumex crispus	50 mg	†
Dandelion root ~ Taraxacum officinale	50 mg	†
Nettles tops ~ Urtica dioica	30 mg	†
† Daily Value not established		

Other ingredients: vegetarian capsule (cellulose and water), L-leucine.

Iron Extra™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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