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\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

EVERYTHING A MUSHROOM HAS TO OFFER™  
MADE WITH MYCELIUM & FRUITING BODY



**Mushroom  
Wellness**  
by HERB PHARM™

# EVERYDAY 10

• MULTI-SYSTEM SUPPORT for OPTIMAL WELL-BEING\* •



**DIETARY SUPPLEMENT**  
90 vegetarian capsules (360 mg each)

## SUPPLEMENT FACTS

Serving Size: 3 capsules (1080 mg) Servings Per Container: 30

	Amount Per Serving	% DV
Calories	<5	
Total Carbohydrate	1 g	<1% ‡
Certified organic blend:	1080 mg	†
Reishi ( <i>Ganoderma lingzhi</i> ) ❶, Poria ( <i>Wolfiporia extensa</i> ) ❷		
Suehirotake ( <i>Schizophyllum commune</i> ) ❶, Turkey Tail ( <i>Trametes versicolor</i> ) ❶, Mesima ( <i>Phellinus linteus</i> ) ❷, Blazei ( <i>Agaricus subrufescens</i> ) ❷, Cordyceps ( <i>Cordyceps militaris</i> ) ❶, Chaga ( <i>Inonotus obliquus</i> ) ❸, Lion's Mane ( <i>Hericium erinaceus</i> ) ❶, Shiitake ( <i>Lentinula edodes</i> ) ❷		
Beta-glucans provided:	108 mg	†

- ❶ Organic batch-steamed mycelial biomass with fruiting body
- ❷ Organic batch-steamed mycelial biomass
- ❸ Organic batch-steamed mycelial biomass with sclerotium

‡ Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value (DV) not established.

Other Ingredients: organic myceliated brown rice & organic vegetarian pullulan capsules. **VEGAN.**

^Brown rice grown in California.

**MANUFACTURED FOR HERB PHARM | WILLIAMS, OR 97544  
800-348-4372 | WWW.HERB-PHARM.COM**

**Certified organic by Organic Certifiers**

**SUGGESTED USE:** Adults: Take 3 capsules, 1 or 2 times per day with liquid.

**With 25+ years of experience, we've dedicated ourselves to the art and science of cultivating functional fungi.**

Try our comprehensive 10-mushroom blend for one easy formula created by our expert mycologists. It offers traditional multi-system care, including support for your immune and nervous systems.\* Our Everyday 10 capsules contain a minimum 10% beta-glucans, providing 108 mg per serving.

• [HERB-PHARM.COM/MUSHROOMWELLNESS](http://HERB-PHARM.COM/MUSHROOMWELLNESS) •

**PATIENTLY GROWN in WASHINGTON STATE^**

**CAUTION:** Consult your qualified healthcare provider prior to use if you are pregnant, nursing, taking any medication, or have a medical condition.

**Keep Out of the Reach of Children | Store in a cool, dry place.**