



005

SUGGESTED USE

Shake Well Before Using.
Adults: Spray 4 times into mouth
and swallow, up to 5 times per
day. Best taken between meals.

Caution: FDA advises that a
potential risk of rare, but
severe, liver injury may be
associated with kava. Ask a
healthcare professional before
use if you have, or have had,
liver problems, frequently use
alcoholic beverages, or are
taking any medication. Stop
use and see a doctor if liver
symptoms occur (unusual

fatigue, abdominal pain, appetite loss, dark
urine, pale stools, yellow eyes or skin). Not for
use by persons under 18 years of age, or by
pregnant or breastfeeding women. Do not
take with alcoholic beverages. Excessive use
may briefly impair ability to drive or operate
machinery.

Keep Out of the Reach of Children.
Store away from heat and light.

Relaxing Moment™

Herbs on the Go™



HERBAL SUPPLEMENT 1 FL OZ (30 ML)

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Proprietary extract blend:	717 mg E †
Cacao roasted seed (<i>Theobroma cacao</i>) O ,	
Kava rhizome with root (<i>Piper methysticum</i>) P ,	
Lemon Balm aerial parts (<i>Melissa officinalis</i>) O F ,	
Lavender flower (<i>Lavandula angustifolia</i>) O ,	
Licorice root & stolon (<i>Glycyrrhiza glabra</i>) O ,	
Ginger rhizome (<i>Zingiber officinale</i>) O .	

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(38-48%), certified organic vegetable glycerin &
distilled water. **GLUTEN-FREE**

O Certified Organic **P** Purity Verified
F Fresh (undried) **E** Extraction rate 93 mg
fresh herb & 257 mg dry herb per 0.7 ml.

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