



Adults: Add 1 squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

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SUGGESTED USE

SHAKE WELL BEFORE USING

Melissa officinalis

LEMON BALM

NERVOUS SYSTEM

Calming*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Lemon Balm Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Lemon Balm aerial parts

675 mg Ⓔ †

(*Melissa officinalis*) Ⓔ Ⓕ extract

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (45-55%) & certified organic vegetable glycerin.

Gluten-Free

- Ⓔ Certified Organic
- Ⓕ Fresh (undried)
- Ⓔ Extraction rate 467 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 1.5

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.