

COLON CARE CAPS promotes colon health with fiber, calcium, magnesium, selenium and FOS. These nutrients provide dietary support for normal, healthy functioning of the colon, including regular elimination of toxins and waste material, promoting the growth of friendly bacteria, such as acidophilus and bifidus, and support for proper digestion.* For best results, use everyday as long as desired. No added sweeteners, colors or additives.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: ADULTS AND CHILDREN OVER 12: 4 capsules, 1 to 3 times a day, with food. For children 6-12, Colon Care in powder form is recommended for ease of use. See Directions.

DIRECTIONS: Start by taking 1 serving each day. Gradually increase to 3 servings per day if needed. **Swallow one capsule at a time.** Take each serving with **at least 8 ounces (a full glass) of water or other liquid.** Drinking additional liquid is helpful. If minor gas or bloating occurs, reduce the amount you take until your system adjusts.



Colon Care

Promotes Colon Health*
Elimination of Toxins*

All Natural Fiber Supplement
180 Capsules (625mg each)

YERBA PRIMA has pioneered significant advances in health enhancing products, including natural dietary fiber, internal cleansing and standardized herbs.

QUALITY ASSURANCE: Yerba Prima's products are pure and natural, and are made only from premium quality ingredients.

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Quality

TAMPER EVIDENT: Do not use this product if printed band around cap or seal under cap is broken or missing.

CAUTION: Do not take capsules if you have difficulty in swallowing. A very small percentage of individuals, particularly health care providers who have been occupationally exposed to psyllium dust, may develop a sensitivity to psyllium. This sensitivity may result in an allergic reaction. If you experience a strong reaction, with difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Keep out of the reach of children.

Store below 86°F (30°C). Keep tightly closed to protect from humidity.

INGREDIENTS: Psyllium seed husks, calcium carbonate, FOS probiotic growth complex, magnesium oxide, acacia gum, soy fiber (non-GMO), oat bran, apple pectin extract, selenium amino acid chelate, USP Kosher gelatin capsule. Note: The carbohydrate in this product is primarily non-digestible fiber; digestible carbohydrate is less than 1/2 gram per serving.

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Supplement Facts

Serving size 4 capsules
Servings per container: 45

Amount per serving	% Daily Value*
Calories 8	
Total Fat 0	0%
Total Carbohydrate 2 g	<2%
Dietary Fiber 2 g	8%
Soluble Fiber 1.6 g	
Insoluble Fiber 0.4 g	
Sugars 0 g	
Protein 0g	
Calcium (as calcium carbonate) 40 mg	4%
Magnesium (as magnesium oxide) 20mg	5%
Selenium (as selenium amino acid chelate) 17mcg †	
Sodium 2 mg	<2%
Potassium 22 mg	<2%
Proprietary fiber blend 2.3g	†
Psyllium seed husks	
Acacia gum	
Soy fiber (non-GMO)	
Oat bran	
Apple pectin extract	
FOS (Fructo-oligosaccharides) 40mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Yerba Prima®