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SUGGESTED USE

Shake well before using.
Adults: Add 1 squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

Caution: FDA advises that a potential risk of rare, but severe, liver injury may be associated with Kava. Ask a healthcare professional before use if you have, or have had, liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use

and see a doctor if liver symptoms occur (unusual fatigue, abdominal pain, appetite loss, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Do not take with alcoholic beverages. Excessive use may briefly impair ability to drive or operate machinery.

Keep Out of the Reach of Children

Store away from heat & light

HOLY BASIL



Mind Soother™

NERVOUS SYSTEM*



HERBAL SUPPLEMENT 1 FL OZ (30 ML)

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Proprietary extract blend:	631 mg E †
Kava rhizome with root (<i>Piper methysticum</i>) P	
Passionflower aerial parts (<i>Passiflora incarnata</i>) O	
Bacopa aerial parts (<i>Bacopa monnieri</i>) O	
Albizia bark (<i>Albizia julibrissin</i>) W	
Lavender flower (<i>Lavandula angustifolia</i>) O	
Holy Basil essential oil (<i>Ocimum tenuiflorum</i>) O	

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (66-76%), distilled water & certified organic vegetable glycerin. **Gluten-Free**

O Certified Organic

W Responsibly Wildcrafted

P Purity Verified

E Extraction rate 285 mg herb & 7 mg essential oil per 0.7 ml.

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800-348-4372 • www.herb-pharm.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.