

**Sleep Breakthrough** offers a melatonin-free option to support restful sleep, and enhance a feeling of refreshment upon awakening.† This formula is designed to promote restorative sleep, support sleep quality, and promote a state of relaxation.† Unlike melatonin supplements, this formula contains no hormones and is safe to take daily or only as needed.

**Directions:** Take 2 capsules one hour prior to bedtime. Store in a cool, dry place away from direct sunlight.

**Caution:** Use only as directed. Keep out of reach of children. Do not use if imprinted seal under cap is broken, damaged, or missing. As with any product, consult a healthcare practitioner prior to use, especially if you are pregnant or nursing, have a serious medical condition, or use any medications. Discontinue use if adverse effects occur.

To report a serious adverse event, or obtain product information, contact 1 (800) 719-2467 or visit [BIOptimizers.com](http://BIOptimizers.com).

Made in the USA with globally sourced ingredients.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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OPTIMIZED SLEEP SUPPORT†

**BIO**ptimizers®



# SLEEP BREAKTHROUGH

🌱 VEGAN 🌾 GLUTEN-FREE 🚫 SOY-FREE

**MELATONIN-FREE SLEEP SUPPORT†**

60 VEGGIE CAPSULES  
DIETARY SUPPLEMENT | VERSION 1.0

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

	Amount Per 2 Capsules	%DV
Vitamin B6 (as Pyridoxal-5-Phosphate)	2.4 mg	141%
Magnesium (from Magnesium Bisglycinate)	36 mg	9%
Zinc (from Zinc Picolinate)	1.5 mg	14%
Glycine	588 mg	*
Taurine	190 mg	*
L-Theanine	190 mg	*
Magnolia Bark Extract ( <i>Magnolia officinalis</i> )	75 mg	*

\*Daily Value not established.

**Other Ingredients:** Hypromellose (Capsule), Potassium Gluconate, Calcium Citrate, Rice Extract Blend (Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil), Rice Fiber, Microcrystalline Cellulose.

**Manufactured for** BIOptimizers USA, Inc.,  
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