

Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

GABA Ease™ provides nutrients and botanicals promoting a calming effect for occasional nervous tension and hormonal irritability.*

Suggested Use: Two (2) capsules, one to two times daily. Also suitable for men.

This product could potentiate the use of barbiturates and central nervous system "depressant medications," including the sedative effects of antihistamines, alcohol. Avoid during pregnancy and lactation. Contains phytoestrogens in hops.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, starch, lactose, salt, corn, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



Actual Size

VITANICA®



GABA EASE™

CALMING SUPPORT*

FORMULATED BY DR. TORI HUDSON
Dietary Supplement
60 Vegetarian Capsules

Supplement Facts

Serving Size 2 Capsules, 30 servings per container

Amount per Serving	% Daily Value	
Vitamin B6 (as HCl)	25 mg	1250
GABA (Gamma-Aminobutyric Acid)	750 mg	†
L-Theanine	100 mg	†
Passionflower leaf & stem extract 5:1		
~ Passiflora incarnata	150 mg	†
Hops flower extract 4:1		
~ Humulus lupulus	150 mg	†
Skullcap leaf & stem extract 4:1		
~ Scutellaria lateriflora	150 mg	†

† Daily Value not established

Other ingredients: vegetarian capsule (cellulose and water), L-leucine, silica.

GABA Ease™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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