

30%
INCREASE

IN MUSCLE
STRENGTH IN
JUST 8 WEEKS**

■ An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.

^ When used in conjunction with an exercise program.

• In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.



NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Product sold by weight, not volume. Significant product settling may occur.

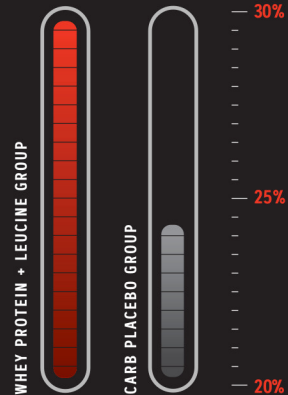
Amylopectin (Waxy Maize) Chromium Complex as Velositol®. Velositol® and its associated logo are trademarks of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PERCENT CHANGE



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested and monitored for over 285 banned substances on the 2024 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

GNC
AMP

ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC®

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks**

Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates



COCONUT CARAMEL

NATURAL + ARTIFICIAL FLAVORS

40G
PROTEIN†

15G
EAA‡

6.2G
LEUCINE‡

500MG
VELOSITOL®†

†Per 2 scoops

25 SERVINGS

NET WT. 48.5 OZ. (3 LB.) 1375 G

DIETARY SUPPLEMENT

CODE 370163

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. WheyBolic® can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Supplement Facts

Serving Size 1 Scoop (27.5 g) 2 Scoops (55 g)
Servings Per Container 50 25

Amount Per Serving	% Daily Value	% Daily Value
Calories	100	200
Total Fat	1 g 1%†	1.5 g 2%†
Saturated Fat	0 g 0%†	0.5 g 3%†
Cholesterol	10 mg 3%	20 mg 7%
Total Carbohydrate	4 g 1%†	7 g 3%†
Total Sugars	2 g *	4 g *
Includes Added Sugars	1 g 2%†	2 g 4%†
Protein	20 g 40%†	40 g 80%†
Calcium	90 mg 7%	180 mg 14%
Chromium (as Chromium Picolinate & Chromium Histidinate)	125 mcg 357%	250 mcg 714%
Sodium	110 mg 5%	220 mg 10%
Potassium	140 mg 3%	280 mg 6%
Leucine (from Whey Protein Isolate, L-Leucine, Hydrolyzed Whey Protein)	3.1 g *	6.2 g *
Amylopectin (Waxy Maize) Chromium Complex	250 mg *	500 mg *
Lactase	197.5 mg *	395 mg *
Bromelain	2.5 mg *	5 mg *

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Whey Protein Isolate, Hydrolyzed Whey Protein, Coconut Pieces (Sugar, Corn Starch, Coconut, Hydrogenated Cottonseed Oil, Titanium Dioxide, Palm Oil, Rice Flour, Natural Flavor), Natural & Artificial Flavor, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols, Tricalcium Phosphate), Cocoa Powder (Processed with Alkali), Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Sunflower Lecithin, Acesulfame Potassium, Silicon Dioxide.

CONTAINS: Milk and Coconut.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

⚠ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free, No Soy.

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SUPERIOR PERFORMANCE PROTEIN

Enhanced with More LEUCINE than Standard Whey Protein

Elevated Muscle Fuel for Muscle

Growth & Recovery**

Features Only Premium, Ultra-Pure, Fast-Digesting Protein

Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength**

Enhanced with VELOSITOL® (Amylopectin Chromium Complex) & Leucine

To Accelerate Muscle Protein Synthesis**

USAGE BENEFITS

For Pre-Workout & Cardio

Clinically Proven Support for Strength, Performance & Stamina**

For Post-Workout & Cardio

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle & Support Recovery**

On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles While You Recover from Intense Training**

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder.

◇ EAA = essential amino acids