



Traditional Chinese Medicine

☩ POSITIVE PACK

自然陽光 養生之道

PROMOTES BALANCE & HARMONY

DIETARY SUPPLEMENT

7 Bottles - 30 Capsules Each (210 Capsules)

30 DAY
PROGRAM

HERBAL EXPERTS *since* 1972



自然陽光 養生之道 自然陽光 養生之道

自然陽光 養生之道 自然陽光 養生之道

Chinese TCM Positive Pack

This package contains 7 bottles of Chinese TCM formulas. This represents a 30-day supply when used as directed.

Benefits: Based on Holistic Chinese TCM principles.*

Recommended Use: Take 1 capsule from each bottle daily for 30 days.

We source the world's purest ingredients, no matter where they are grown, to ensure the active nutrients are delivered just as nature intended.

Do not use if inner seal is missing or damaged.

Consult with a healthcare professional before using this or any other dietary supplement if you are pregnant or lactating, if you have any pre-existing medical conditions, or if you are taking any prescription or over the counter medications.

Chinese TCM Positive Pack

Esta caja contiene 7 frascos de las fórmulas Chinas TCM, supliendo por 30 días cuando se usa como se aconseja.

Beneficios: Basado en los principios Holísticos de la Medicina Tradicional China (TCM).*

Uso Recomendado: Tomar 1 cápsula de cada frasco diariamente por 30 días.

Nos abastecemos de los ingredientes más puros del mundo, sin importar donde sean cultivados, para garantizar que los nutrientes activos se entregan tal como se encuentran en la naturaleza.

No usar si no tiene el sello interno o si está dañado.

Advertencia: Consulte con un profesional de la salud antes de usar este producto o cualquier otro suplemento dietario si está embarazada o amamantando, si tiene alguna condición médica pre-existente o si está tomando algún medicamento recetado o de venta libre.

IF-C TCM Concentrate

Supplement Facts	
Serving Size 1 Capsule	Servings Per Container 30
Amount Per 1 Capsule	
Proprietary Blend	435 mg†
Extracts of Japanese Honeysuckle Flower Bud (<i>Lonicera japonica</i>), Forsythia Fruit (<i>Forsythia suspensa</i>), Chinese Peony Root without Bark (<i>Paeonia lactiflora</i>), Chrysanthemum Flower (<i>Chrysanthemum morifolium</i>), Gardenia Fruit (<i>Gardenia jasminoides</i>), Ligusticum wallichii Rhizome, Platycodon Root (<i>Platycodon grandiflorum</i>), Schizonepeta Flower (<i>Schizonepeta tenuifolia</i>), Scute Root (<i>Scutellaria baicalensis</i>), Bupleurum Root (<i>Bupleurum chinense</i>), Burdock Fruit (<i>Arctium lappa</i>), Dong Quai Root (<i>Angelica sinensis</i>), Phellodendron Stem Bark (<i>Phellodendron amurense</i>), Round-Leaf Chaste Tree Fruit (<i>Vitex rotundifolia</i>), Siler Root (<i>Saposhnikovia divaricata</i>), Chinese Licorice Root (<i>Glycyrrhiza uralensis</i>), Coptis Rhizome (<i>Coptis chinensis</i>), Safflower Flower (<i>Carthamus tinctorius</i>)	

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), vegetable magnesium stearate, silicon dioxide.

KIDNEY ACTIVATOR TCM Concentrate

Supplement Facts	
Serving Size 1 Capsule	Servings Per Container 30
Amount Per 1 Capsule	
Proprietary Blend	425 mg†
Extracts of Hoelen Sclerotium (<i>Poria cocos</i>), Siler Root (<i>Saposhnikovia divaricata</i>), Flowering Quince Fruit (<i>Chaenomeles lagenaria</i>), White Mulberry Root Bark (<i>Morus alba</i>), Astragalus Root (<i>Astragalus membranaceus</i>), Asian Plantain Seed (<i>Plantago asiatica</i>), Coix Seed (<i>Coix lachryma-jobi</i>), Bai-Zhu Atractylodes Rhizome (<i>Atractylodes macrocephala</i>), Chinese Peony Root without Bark (<i>Paeonia lactiflora</i>), Magnolia Bark (<i>Magnolia officinalis</i>), Zhu Ling Sclerotium (<i>Polyporus umbellatus</i>), Cassia Twig (<i>Cinnamomum cassia</i>), Ginger Rhizome (<i>Zingiber officinale</i>), Tangerine Mature Fruit Rind (<i>Citrus reticulata</i>), Typhonium Rhizome (<i>Typhonium flagelliforme</i>), Chinese Licorice Root (<i>Glycyrrhiza uralensis</i>)	

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), vegetable magnesium stearate, silicon dioxide.

BREATHE ACTIVATOR TCM Concentrate

Supplement Facts	
Serving Size 1 Capsule	Servings Per Container 30
Amount Per 1 Capsule	
Proprietary Blend	475 mg†
Extracts of Tangerine Mature Fruit Rind (<i>Citrus reticulata</i>), Typhonium Rhizome (<i>Typhonium flagelliforme</i>), Apricot Seed (<i>Prunus armeniaca</i>), Bamboo Dry Secretion (<i>Bambusa textilis</i>), Bupleurum Root (<i>Bupleurum chinense</i>), Hoelen Sclerotium (<i>Poria cocos</i>), Perilla Leaf (<i>Perilla frutescens</i>), Platycodon Root (<i>Platycodon grandiflorum</i>), Zhejiang Fritillary Bulb (<i>Fritillaria thunbergii</i>), Coltsfoot Flower Bud (<i>Tussilago farfara</i>), Magnolia Bark (<i>Magnolia officinalis</i>), Ophiopogon Root Tuber (<i>Ophiopogon japonicus</i>), White Mulberry Root Bark (<i>Morus alba</i>), Ginger Rhizome (<i>Zingiber officinale</i>), Schisandra Fruit (<i>Schisandra chinensis</i>), Chinese Licorice Root (<i>Glycyrrhiza uralensis</i>)	

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), vegetable magnesium stearate, silicon dioxide.

ANTI-GAS TCM Concentrate

Supplement Facts	
Serving Size 1 Capsule	Servings Per Container 30
Amount Per 1 Capsule	
Proprietary Blend	425 mg†
Extracts of Chinese Giant Hyssop Tops (<i>Agastache rugosa</i>), Chinese Hawthorn Fruit (<i>Crataegus pinnatifida</i>), Hoelen Sclerotium (<i>Poria cocos</i>), Magnolia Bark (<i>Magnolia officinalis</i>), Rice Seed Sprout (<i>Oryza sativa</i>), Shen-Chu Blend (Barley Fruit-Hordeum vulgare, Apricot Seed-Prunus aremiaca, Chinese Wormwood Tops-Artemisia apiacea, Pale Persicaria Whole Plant-Persicaria lapthifolium, Rice Bean Seed-Vigna umbellata, Xanthium Whole Plant-Xanthium sibiricum), Asian Ginseng Root (<i>Panax ginseng</i>), Gastrodia Rhizome (<i>Gastrodia elata</i>), Tangerine Mature Fruit Rind (<i>Citrus reticulata</i>), Typhonium Rhizome (<i>Typhonium flagelliforme</i>), Bai-Zhu Atractylodes Rhizome (<i>Atractylodes macrocephala</i>), Chinese Amomum Fruit (<i>Amomum villosum</i>), Platycodon Root (<i>Platycodon grandiflorum</i>), Ginger Rhizome (<i>Zingiber officinale</i>), Chinese Licorice Root (<i>Glycyrrhiza uralensis</i>)	

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), vegetable magnesium stearate, silicon dioxide.

MOOD ELEVATOR TCM Concentrate

Supplement Facts	
Serving Size 1 Capsule	Servings Per Container 30
Amount Per 1 Capsule	
Proprietary Blend	435 mg†
Extracts of Perilla Leaf (<i>Perilla frutescens</i>), Cyperus Rhizome (<i>Cyperus rotundus</i>), Typhonium Rhizome (<i>Typhonium flagelliforme</i>), Young Bitter Orange Fruit (<i>Citrus x aurantium</i>), Bamboo Dry Secretion (<i>Bambusa textilis</i>), Bupleurum Root (<i>Bupleurum chinense</i>), Hoelen Sclerotium (<i>Poria cocos</i>), Ligusticum wallichii Rhizome, Ophiopogon Root Tuber (<i>Ophiopogon japonicus</i>), Tangerine Outer Peel (<i>Citrus reticulata</i>), Uncaria rhyncophylla Stem, Asian Ginseng Root (<i>Panax ginseng</i>), Dong Quai Root (<i>Angelica sinensis</i>), Ginger Rhizome (<i>Zingiber officinale</i>), Platycodon Root (<i>Platycodon grandiflorum</i>), Coptis Rhizome (<i>Coptis chinensis</i>), Chinese Licorice Root (<i>Glycyrrhiza uralensis</i>)	

†Daily Value not established.

Other Ingredients: Capsule (Gelatin, water), vegetable magnesium stearate, silicon dioxide.

LIVER BALANCE TCM Concentrate

Supplement Facts	
Serving Size 1 Capsule	Servings Per Container 30
Amount Per 1 Capsule	
Proprietary Blend	425 mg†
Extracts of Bupleurum Root (<i>Bupleurum chinense</i>), Chinese Peony Root without Bark (<i>Paeonia lactiflora</i>), Typhonium Rhizome (<i>Typhonium flagelliforme</i>), Cassia Twig (<i>Cinnamomum cassia</i>), Dong Quai Root (<i>Angelica sinensis</i>), Hoelen Sclerotium with Hostwood (<i>Poria cocos</i>), Scute Root (<i>Scutellaria baicalensis</i>), Young Bitter Orange Fruit (<i>Citrus x aurantium</i>), Asian Ginseng Root (<i>Panax ginseng</i>), Bai-Zhu Atractylodes Rhizome (<i>Atractylodes macrocephala</i>), Ginger Rhizome (<i>Zingiber officinale</i>), Chinese Licorice Root (<i>Glycyrrhiza uralensis</i>)	

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), vegetable magnesium stearate, silicon dioxide.

STRESS RELIEF TCM Concentrate

Supplement Facts	
Serving Size 1 Capsule	Servings Per Container 30
Amount Per 1 Capsule	
Proprietary Blend	430 mg†
Extracts of Oyster Shell (<i>Ostrea gigas</i>), Silk Tree Bark (<i>Albizia julibrissin</i>), Haliotis Shell (<i>Haliotis diversicolor</i>), Hoelen Sclerotium with Hostwood (<i>Poria cocos</i>), Asian Ginseng Root (<i>Panax ginseng</i>), Grass-Leaf Sweetflag Rhizome (<i>Acorus gramineus</i>), Jujube Seed (<i>Ziziphus spinosa</i>), Polygala Root (<i>Polygala tenuifolia</i>), Turmeric Root Tuber (<i>Curcuma longa</i>), Coptis Rhizome (<i>Coptis chinensis</i>), Cassia Twig (<i>Cinnamomum cassia</i>), Chinese Licorice Root (<i>Glycyrrhiza uralensis</i>), Ginger Rhizome (<i>Zingiber officinale</i>)	

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), vegetable magnesium stearate, silicon dioxide.



Bottles made from 100% post consumer recycled material.

We are committed to you and our planet. Scan to learn more.

Nature's Sunshine Products, Inc. • Spanish Fork, Utah 84660
(800) 223-8225 • naturesunshine.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.