

FOOD SUPPLEMENT

Product information:

One capsule typically provides:	%NRV ¹
Magnesium (from filtered seawater)	300mg 80

¹NRV = Nutrient Reference Value

Ingredients: Magnesium hydroxide (marine source), capsule shell (hydroxypropyl methylcellulose).

Directions: Adults and children 13 years and over, take 1 capsule daily with or without food. If preferred, capsule contents can be mixed into food or drink. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Warning: If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product.

Storage: Store in a cool, dry place out of reach of children.

HIGHER NATURE®



Atlantic Marine Magnesium Superior strength



High potency



Scientifically proven



Sustainably sourced

Natural source, no synthetics
30 vegan capsules

- ✓ Sustainably sourced from filtered seawater which is naturally rich in trace minerals
 - ✓ High strength and pure fill; no synthetics or additives
 - ✓ Ideal for busy modern lifestyles
 - ✓ Supports energy, bones and muscles, normal psychological and nervous system function*
- * Magnesium contributes to normal: energy-yielding metabolism, functioning of the nervous system, muscle function, psychological function and the maintenance of normal bones.

highernature.com



PRODUCT INFO



AMM-153-01

AMM030/101

Higher Nature Ltd; (UK) 10 Discovery Way, Horam, East Sussex TN21 0GE, UK
(EU) Office 7, Strand Campus, Sligo Airport Business Park, Strandhill F91 W589, Ireland

