



Respiratory System

SUPPORTS THE BODY'S RESPIRATORY FUNCTION*

60 PACKETS
330 Capsules

30 DAY
PROGRAM



HERBAL EXPERTS *since* 1972

DIETARY SUPPLEMENT

RESPIRATORY SYSTEM SUPPORT*

Quality herbal supplements may improve respiratory function and help the body fight respiratory tract irritation that can be brought on by smoke, pollutants and other irritants. The components of this 30-day program are formulated and traditionally used to support proper respiratory function. They may also help the body combat the effects of environmental respiratory irritants.*

CONTENTS

AM Packet

- 1 Lung Support TCM capsule
- 2 Bronchial Formula capsules
- 3 Seasonal Allergy (formerly ALJ) capsules

PM Packet

- 2 Bronchial Formula capsules
- 3 Seasonal Allergy (formerly ALJ) capsules

Respiratory System

RECOMMENDED USE: Take the contents of one AM packet with breakfast; take the contents of one PM packet with your evening meal. Follow this pattern for 30 days.

Pregnant or lactating women should consult their health care provider prior to taking this supplement.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

AM PACKET

Supplement Facts

Serving Size 1 AM Packet (6 capsules) Servings Per Container 30	
Amount Per 1 Packet	%Daily Value
Lung Support TCM Proprietary Blend 430 mg†	
Astragalus Root (Astragalus membranaceus), Tartarian Aster Root (Aster tataricus), Large-Leaf Gentian Root (Gentiana macrophylla), Platycodon Root (Platycodon grandiflorum), Anemarrhena Rhizome (Anemarrhena asphodeloides), Asian Ginseng Root (Panax ginseng), Bupleurum Root (Bupleurum chinense), Dong Quai Root (Angelica sinensis), Lycium Root Bark (Lycium chinense), Ophiopogon Root Tuber (Ophiopogon japonicus), Bai-Zhu Atractylodes Rhizome (Atractylodes macrocephala), Schisandra Fruit (Schisandra chinensis), Tangerine Green Fruit Rind (Citrus reticulata), Tangerine Mature Fruit Rind (Citrus reticulata), Typhonium Rhizome (Typhonium flagelliforme), Chinese Licorice Root (Glycyrrhiza uralensis)	
Bronchial Formula Proprietary Blend 2,000 mg†	
Adhatoda vasica Leaf Extract, Glycyrrhiza glabra Root Extract, Alpinia galanga Rhizome Extract, Clerodendrum indicum Root, Inula racemosa Root Extract, Myrica nagi Bark Extract, Verbascum thapsus Leaves, Phyllanthus emblica Fruit, Hedychium spicatum Root, Picrorhiza kurroa Root Extract, Pimpinella anisum Fruit, Pistacia integerrima Gall, Zingiber officinale Rhizome, Ocimum sanctum Leaf Extract, Tylophora asthmatica Leaf, Abies webbiana Leaf, Elettaria cardamomum Seed, Ferula assafoetida Gum	
Seasonal Allergy (formerly ALJ) Proprietary Blend 2,640 mg†	
Boneset Aerial Parts (Eupatorium perfoliatum), Fennel Seed (Foeniculum vulgare), Fenugreek Seed (Trigonella foenum-graecum), Horseradish Root Extract (Armoracia rusticana), Mullein Leaf Extract (Verbascum thapsus)	
†Daily Value not established.	
Other Ingredients: Capsule (gelatin, water), cellulose, silicon dioxide, magnesium stearate.	

PM PACKET

Supplement Facts

Serving Size 1 PM Packet (5 capsules) Servings Per Container 30	
Amount Per 1 Packet	%Daily Value
Bronchial Formula Proprietary Blend 2,000 mg†	
Adhatoda vasica Leaf Extract, Glycyrrhiza glabra Root Extract, Alpinia galanga Rhizome Extract, Clerodendrum indicum Root, Inula racemosa Root Extract, Myrica nagi Bark Extract, Verbascum thapsus Leaves, Phyllanthus emblica Fruit, Hedychium spicatum Root, Picrorhiza kurroa Root Extract, Pimpinella anisum Fruit, Pistacia integerrima Gall, Zingiber officinale Rhizome, Ocimum sanctum Leaf Extract, Tylophora asthmatica Leaf, Abies webbiana Leaf, Elettaria cardamomum Seed, Ferula assafoetida Gum	
Seasonal Allergy (formerly ALJ) Proprietary Blend 2,640 mg†	
Boneset Aerial Parts (Eupatorium perfoliatum), Fennel Seed (Foeniculum vulgare), Fenugreek Seed (Trigonella foenum-graecum), Horseradish Root Extract (Armoracia rusticana), Mullein Leaf Extract (Verbascum thapsus)	
†Daily Value not established.	
Other Ingredients: Capsule (gelatin, water).	

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Stock # 5386
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LUNG SUPPORT TCM

A Chinese herbal combination with ingredients traditionally recognized as tonics to moisten and nourish the tissues of the respiratory tract, particularly the lungs.*

BRONCHIAL FORMULA

An Ayurvedic herbal formula designed with ingredients traditionally used to nourish the lungs and bronchi and to offer general protection to the respiratory tract.*

SEASONAL ALLERGY (formerly ALJ)

Herbs in this formula traditionally support the respiratory system. These herbs are traditionally used to help soothe irritated mucous membranes and support respiration.*

MAXIMIZE THE BENEFITS

- Eat a healthy and balanced diet
- Increase your physical activity
- Drink plenty of water throughout the day