

Immune System

RECOMMENDED USE: Take the contents of one AM packet with breakfast; take the contents of one PM packet with your evening meal. Follow this pattern for 30 days.

Pregnant or lactating women should consult their health care provider prior to taking this supplement.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

AM PACKET

Supplement Facts

Serving Size 1 AM Packet (3 capsules)
Servings Per Container 30

Amount Per 1 Packet	%Daily Value
Vitamin D (D ₃ , cholecalciferol)	50mcg 250%
VS-C Proprietary Blend	350 mg†
Extracts of Dandelion Whole Plant (<i>Taraxacum mongolicum</i>), Purslane Tops (<i>Portulaca oleracea</i>), Assam Indigo Leaf (<i>Strobilanthès cusia</i>), Assam Indigo Root (<i>Strobilanthès cusia</i>), Thlaspi arvense Whole Plant, Bugleum Root (<i>Bupleurum chinense</i>), Typhonium Rhizome (<i>Typhonium flagelliforme</i>), Scute Root (<i>Scutellaria baicalensis</i>), Cassia Twig (<i>Cinnamomum cassia</i>), Chinese Licorice Root (<i>Glycyrrhiza uralensis</i>), Asian Ginseng Root (<i>Panax ginseng</i>)	
Elderberry Defense Proprietary Blend	405 mg†
Elderberry Fruit Extract (<i>Sambucus nigra</i>), Echinacea Aerial Parts (<i>Echinacea purpurea</i>), White Willow Bark Extract (<i>Salix alba</i>), Royal Jelly, Olive Leaf Extract (<i>Olea europaea</i>)	
Beta Glucans (70%, extracted from <i>Saccharomyces cerevisiae</i>)	200 mg†
Arabinogalactan	100 mg†
Immune Stimulator Proprietary Blend	110 mg†
Colostrum (from milk), Cordyceps Mycelium (<i>Cordyceps sinensis</i>) (grown on soy), Reishi Mushroom Mycelium (<i>Ganoderma lucidum</i>), Maitake Whole Mushroom (<i>Grifola frondosa</i>)	
†Daily Value not established.	

Other Ingredients: Capsule (gelatin, water), cellulose, silicon dioxide, magnesium stearate.

PM PACKET

Supplement Facts

Serving Size 1 PM Packet (2 capsules)
Servings Per Container 30

Amount Per 1 Packet	%Daily Value
Vitamin D (D ₃ , cholecalciferol)	50mcg 250%
Elderberry Defense Proprietary Blend	405 mg†
Elderberry Fruit Extract (<i>Sambucus nigra</i>), Echinacea Aerial Parts (<i>Echinacea purpurea</i>), White Willow Bark Extract (<i>Salix alba</i>), Royal Jelly, Olive Leaf Extract (<i>Olea europaea</i>)	
Beta Glucans (70%, extracted from <i>Saccharomyces cerevisiae</i>)	200 mg†
Arabinogalactan	100 mg†
Immune Stimulator Proprietary Blend	110 mg†
Colostrum (from milk), Cordyceps Mycelium (<i>Cordyceps sinensis</i>) (grown on soy), Reishi Mushroom Mycelium (<i>Ganoderma lucidum</i>), Maitake Whole Mushroom (<i>Grifola frondosa</i>)	
†Daily Value not established.	

Other Ingredients: Capsule (gelatin, water), cellulose, silicon dioxide, magnesium stearate.

Stock # 5385
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VS-C TCM

This exclusive Chinese herbal combination has been traditionally used to support the immune system.*

ELDERBERRY D3FENSE

Contains Vitamin D3 that supports both the innate and adaptive immune branches, and an array of herbal ingredients that have been traditionally used to defend against the negative effects of seasonal changes.*

IMMUNE STIMULATOR

Nutritionally support your immune system and strengthen your defenses. Boost your immune system with colostrum, beta-glucans, mushrooms and antioxidants.*

MAXIMIZE THE BENEFITS

- Eat a healthy and balanced diet
- Increase your physical activity
- Drink plenty of water throughout the day



NATURE'S
SUNSHINE



60 PACKETS
150 Capsules

30 DAY
PROGRAM



Immune System

SUPPORTS THE BODY'S IMMUNE FUNCTION*



IMMUNE SYSTEM SUPPORT*

The immune system works to protect our body. Phagocytes, Lymphocytes, T-Cells, B-cells and Memory cells all perform specific functions to help our bodies stay healthy. Diet, exercise, sleep, hydration and proper supplementation are all factors that help strengthen the immune system and reduce the stress factors that may weaken it. The ingredients in this 30-day Immune System program are formulated to support and fortify the body's immune functions.*

CONTENTS

AM Packet

- 1 VS-C TCM capsule
- 1 Elderberry D3fense capsule
- 1 Immune Stimulator capsule

PM Packet

- 1 Elderberry D3fense capsule
- 1 Immune Stimulator capsule

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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DIETARY SUPPLEMENT