

TROPONIN NUTRITION

For over 20 years, Troponin Nutrition has been improving athletes through smarter nutrition. Every single product that bears the **T** mark has been strategically developed to give you the tools needed to succeed.

Smarter Nutrition for Harder Athletes

DIRECTIONS

Take 1 scoop with 4-8 fl oz of water immediately before bed.

WARNING

For use by healthy adults only, not recommended for persons under the age of 18. Do not use if you are pregnant or nursing. Seek advice from a healthcare professional before taking if you have any preexisting medical condition to ensure it is safe to take this product. In case of accidental overdose, contact a poison control center immediately. KEEP OUT OF THE REACH OF CHILDREN.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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THE NIGHT TIME RECOVERY DRINK

HIT THE RACK

WILD BERRY

HELPS YOU FALL ASLEEP, STAY ASLEEP
AND WAKE UP RESTED THE FOLLOWING DAY†

✓ INCREASED RECOVERY
✓ BETTER SLEEP PATTERNS
✓ EASY MIXING AND GREAT TASTING

DIETARY SUPPLEMENT

RECOVERY MATRIX

Supplement Facts

Serving size: 1 Scoop (10g)

Servings per container: 20

	Amount Per Serving	DV%
Vitamin D3 (as Cholecalciferol)	100mcg	500%
Magnesium (as Magnesium Bisglycinate)	225mg	56%
Selenium Citrate	100mcg	143%
Potassium (as Potassium Citrate)	175mg	37%
Holy Basil (leaf) (Ocimum sanctum)	800mg	**
Lion's Mane Mushroom Powder (Hericium erinaceus)	600mg	**
Ashwagandha (Withania somnifera) (root) (std to 5% total withanolides)	500mg	**
Valerian Root Powder (Valeriana officinalis) (.08% valerenic acids)	450mg	**
Gamma-Aminobutyric Acid (GABA)	200mg	**
Lycopene	10mg	**
MicroActive Melatonin (Sustained Release)	1.5mg	**
Melatonin (Instant Release)	1.5mg	**
L-Theanine	400mg	**
Chamomile Extract	250mg	**

**Daily Value Not Established

Other Ingredients: Citric acid, Natural and Artificial Flavors, Maltodextrin, Red Russet Cocoa, Silica, Salt, Acesulfame-k,

20
SERVINGS