



NATURE'S BLESSING™

# Thyroid Energy™

With Key Components for the Support of Thyroid Hormones\*

90 Veg Capsules  
A Dietary Supplement



**Suggested Usage:** Take 2 capsules daily, preferably in divided doses with food.

This product is a complete nutritional supplement for the support of a healthy thyroid gland.\* We have combined iodine and tyrosine, the two constituents necessary for the synthesis of thyroid secretions.\* The minerals selenium, zinc and copper have been added as cofactors needed for normal thyroid function.\* In addition, this product has the ayurvedic herbal extract ashwagandha to complement its nutritional support components.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Not recommended for pregnant/nursing women. Consult physician if taking medication (especially taking thyroid, mood-altering, and central nervous system depressing medications), or have a medical condition (especially diagnosed thyroid conditions or ulcers). May cause mild transient GI upset. Discontinue use if GI symptoms persist. Discontinue use if rash/itching occurs. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

L-OptiZinc® is a Lonza trademark.

Distributed by:

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Downingtown, PA 19335

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Product #1368



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## Supplement Facts

Serving Size 2 Veg Capsules    Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mg	118%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as Methylcobalamin)	60 mcg	2500%
Iodine (from Potassium Iodide)	225 mcg	150%
Zinc (from L-OptiZinc® - Zinc L-Methionine Complex)	25 mg	227%
Selenium (from L-Selenomethionine)	50 mcg	91%
Copper (from Copper Amino Acid Chelate)	1 mg	111%
L-Tyrosine (Free-Form)	1 g (1,000 mg)	†
Ashwagandha (Withania somnifera) (Root and Leaf) Standardized Extract (min. 2.5% Withanolides)	125 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide. Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

