



NATURE'S BLESSING™

Cod Liver Oil

650 mg

Vitamins A & D-3

100 Softgels
A Dietary Supplement



Suggested Usage: Take 1 softgel daily with a meal.

Cod liver oil is well-known for its naturally occurring omega-3 fatty acids, EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) and has a long history of traditional use for the support of overall health and well-being.* Our Cod Liver Oil is also rich in vitamins A and D-3.

The cod liver oil used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants such as PCBs, dioxins, mercury and other heavy metals.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

This bottle is made from 100% PCR (post-consumer recycled) resin.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%**
Vitamin A	750 mcg	83%
(from Retinyl Palmitate and Cod Liver Oil)		
Vitamin D	6.75 mcg (270 IU)	34%
(from D ₃ Cholecalciferol and Cod Liver Oil)		
Cod Liver Oil	650 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water].

Contains fish (cod).

Cod Liver Oil is product of Iceland, Norway.

Not manufactured with wheat, gluten, soy, corn, milk, egg, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Non-GMO

Distributed by:

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Product #1740



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