

Suggested Use: Take 2 capsules up to four times daily as needed.

Best used 3 years from date on bottom.

Benefits:

- Reduces the stress hormone cortisol*
- Helps with irritability and fatigue*

Warning: Do not use if the outer safety seal is broken or missing.

Mfg. for & Distributed by Earth's Bounty
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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Earth's Bounty[®]

EST 1991

STRESS RELIEF PLUS[®]

BRINGING CALM TO THE CHAOS OF LIFE™

Dietary Supplement - 60 Capsules



LIFETIME SATISFACTION GUARANTEE



Supplement Facts

Serving Size 2 Capsules Serv. per Container 30

Amount per Serving	% Daily Value	
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Thiamin (Vitamin B-1)	25 mg	1666%
Riboflavin (Vitamin B-2)	25 mg	1470%
Niacin (Vitamin B-3)	20 mg	100%
Vitamin B6 (as Pyridoxine HCL)	25 mg	1250%
Folic Acid	450 mcg	112%
Vitamin B-12 (as Methylcobalamin)	500 mcg	8333%
Calcium (as Calcium Citrate)	14 mg	1%
Magnesium (as Magnesium Citrate)	100 mg	25%
Chromium (as Chromium Nicotinate)	400 mcg	333%

Sensoril Ashwaganda (Root & Leaf Extract) 250 mg (10%, Withanolides); Inositol 50 mg†, L-Theanine 200 mg†
Herbal Stress Blend 210 mg †

Holy Basil (Leaf) (Ocimum sanctum), Rhodiola (Root) (Rhodiola rosca). Lemon Balm (Herb), Eleuthero (Root)

†Daily Value not established.

Other Ingredients: Rice Flour, Vegetable Stearine, Vegetable Cellulose Capsule.

Sensoril is a trademark of Natreon, Inc.