

KEEP OUT OF REACH OF CHILDREN

STORAGE: Keep tightly closed in a dry place at room temperature. (59-86°F or 15-30°C)

SUGGESTED USE: Take two capsules once or twice daily or as directed by your physician. Do not use if pregnant or nursing. Stop use if adverse reactions develop.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



METHYL COMPLETE

FULL SPECTRUM
METHYLATION SUPPORT†



GLUTEN FREE



SOY FREE



DAIRY FREE

Dietary Supplement

120 Vegetable Capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	% DV
Vitamin B2 (as Riboflavin)	20 mg	1538%
Vitamin B6 (as Pyridoxal-5-Phosphate)	20 mg	1176%
Folate (as L-Methylfolate, calcium salt)	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	100 mcg	4167%
Creatine Monohydrate	500 mg	*
Betaine Anhydrous	500 mg	*

*Daily Value not established

Other ingredients: Vegetable Capsule, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

GLUTEN, SOY & DAIRY FREE

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