

WAKE UP SMILING†



**RELAX &
FALL ASLEEP
EASIER!**

**RELIEVE
STRESS &
ANXIETY!**

**AWAKEN
FEELING
REFRESHED
& POSITIVE!**

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



**AMBROSIA
COLLECTIVE**
• Presents •

Ritual ^{PM}

**SLEEP DEEP
RISED RENEWED†**

**DIETARY SUPPLEMENT
60 CAPSULES**

SUGGESTED USE: Take 2 capsules **Ritual-PM** with a glass of water, 30 minutes before bed or as directed by your healthcare professional.

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

	Amount Per Serving	%DV*
Magnesium (as Magnesium Lysinate Glycinate Chelate)	100mg	24%
Magnesium Lysinate Glycinate Chelate	1000mg	†
Sensonil® Ashwagandha extract (root and leaf) (std. to 32% oligosaccharides, 10% with anolide glycoside conjugates)	125mg	†
afiron® Saffron Extract (stigma) (Crocus sativus L.)	28mg	†
Citrus Sinensis extract (fruit) [containing Nobiletin]	25mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Hypromellose, Cellulose, Magnesium Stearate

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Sensonil® is protected under US Patent Nos. 6,153,198 and 6,713,092 and is a registered trademark of Natreon, Inc.

**AMBROSIA
NUTRACEUTICALS**
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All Ambrosia Products Are Manufactured in A Certified USA cGMP Facility