



Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Suggested Use: One (1) to two (2) capsules, one to two times daily.

If pregnant or nursing consult your healthcare practitioner prior to using this product. Avoid if taking Cisplatin. Caution with pre-existing liver disease or hepatotoxic drugs.

This product contains no preservatives, binders, artificial colorings or flavorings, sugars, starch, lactose, salt, corn, wheat, gluten, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



Actual Size

# BLACK COHOSH™

## Dietary Supplement



FORMULATED FOR WOMEN  
BY DR. TORI HUDSON  
**120 Vegetarian Capsules**

VITANICA®

10147 SW Spokane Ct • Tualatin, OR 97066

## Supplement Facts

Serving Size 1 Capsule

| Amount per Serving                                                                                           | % Daily Value |   |
|--------------------------------------------------------------------------------------------------------------|---------------|---|
| Black Cohosh root and rhizome extract<br>(standardized to contain 2.5%<br>total triperpene glycosides, 1mg.) |               |   |
| ~ Cimicifuga racemosa                                                                                        | 40 mg         | † |
| Black Cohosh root                                                                                            |               |   |
| ~ Cimicifuga racemosa                                                                                        | 185 mg        | † |
| † Daily Value not established                                                                                |               |   |

Other ingredients: vegetable cellulose and water.

**Black Cohosh® is suitable for vegetarians and vegans.**

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