

▲WARNING: Cancer and Reproductive Harm –
www.P65Warnings.ca.gov. Consult your
physician prior to using this product if you are
pregnant, nursing, taking medication or have a
medical condition. Discontinue use two weeks
prior to surgery. Inform your physician of this
product's biotin content before any lab test.
Niacin may cause a temporary flushing reaction.
No Artificial Flavors, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place

For More Information:

1-888-462-2548

GNC.com



^See carton for related information.

GNC

MEGA MEN®

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN BLEND^

- Antioxidants
- Heart*
- Immune Support*

Timed-Release
180 CAPLETS
90-DAY SUPPLY



CLINICALLY
STUDIED^

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 201422

DIRECTIONS: As a dietary supplement, take two caplets daily with food. For maximum benefits, take as directed every day.

Supplement Facts

Serving Size Two Caplets

Servings Per Container 90

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate) 1500 mcg	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate) 300 mg	333%
Vitamin D (as Cholecalciferol D-3) 40 mcg	200%
Vitamin E (as Natural d-alpha Tocopheryl Acetate) 20.1 mg	134%
Vitamin K (as Phytonadione) 80 mcg	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate) 50 mg	4167%
Riboflavin (Vitamin B-2) 50 mg	3846%
Niacin (as Niacinamide & Niacin) 50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride) 50 mg	2941%
Folate 680 mcg DFE	170%
(Folic Acid 400 mcg)	
Vitamin B-12 (as Cyanocobalamin) 50 mcg	2083%
Biotin 300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate) 50 mg	1000%
Choline (as Choline Bitartrate) 10 mg	2%
Calcium 200 mg	15%
(as Calcium Carbonate, Calcium d-Pantothenate & Calcium Ascorbate)	
Iodine (as Potassium Iodide) 150 mcg	100%
Magnesium (as Magnesium Oxide) 100 mg	24%
Zinc (as Zinc Oxide) 25 mg	227%
Selenium (as L-Selenomethionine) 200 mcg	364%
Copper (as Copper Sulfate) 2 mg	222%
Manganese (as Manganese Sulfate) 2 mg	87%
Chromium (as Chromium Chloride) 120 mcg	343%

OTHER INGREDIENTS: Microcrystalline Cellulose, Cellulose, Hydroxypropyl Methylcellulose, Dicalcium Phosphate, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Magnesium Stearate Vegetable Source, Natural Vanilla Mint Flavor, Stevia Leaf Extract, Titanium Dioxide (Mineral Whitener), Caramel Color, Polyethylene Glycol, Talc.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

Amount Per Serving	% Daily Value
Molybdenum (as Sodium Molybdate) 75 mcg	167%
Amino Acid Blend 100 mg	
L-Arginine 50 mg	*
L-Glutamine 50 mg	*
Fruit & Vegetable Blend 68.5 mg	
Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder, Saw Palmetto Berries Extract (<i>Serenoa repens</i>), Pumpkin Seed Powder (<i>Cucurbita pepo</i>).	
Super Antioxidant Blend 28.96 mg	
alpha-Lipoic Acid 25 mg	*
Lutein 2 mg	*
Lycopene 1 mg	*
Turmeric Root Extract 500 mcg	*
(Curcuma longa)(20% Curcuminoids = 100 mcg)	
Zeaxanthin (as Zeaxanthin Isomers) 400 mcg	*
Astaxanthin (from <i>Haematococcus pluvialis</i>) 50 mcg	*
beta-Cryptoxanthin 10 mcg	*
Brain Health Blend 17.01 mg	
Inositol 10 mg	*
Silica (as Silicon Dioxide) 4 mg	*
Boron (as Sodium Borate) 2 mg	*
Grape Seed Extract (<i>Vitis vinifera</i>)(86% Polyphenols = 0.86 mg) 1 mg	*
Vanadium (as Sodium Metavanadate) 10 mcg	*

* Daily Value not established.

KWG